

WOOTEN ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Angelo San Segundo

Physical education teacher: Cynthia Davis

CSH team member: Heather Wise

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The

Coordinated School Health Item Implementation Inventory

Implementation of PE	Wboten Response	%Yesat All Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteocher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All FEteachers followed the district FEourriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify): P.E. Unit, Health and CATCH Bulletin Boards posted	Yes	47%
CSH Planning		
*The principal established a CSH team	Yes	99%
The principal identified a CSH dhair.	Yes	99%
The CSH team included teacher representatives from each grade level. i		

CSH1mplementation	Wbaten Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH dhair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Nb	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	YesYes	

Nutrition	Wbaten Response	%Yesat All Elementary Sthools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%

Brain Breaks	Wboten Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%

	Wooten	%Yesat All
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	No	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	25% of parents	(Sæ Figure 4)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the t whoestnumbei

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Wooten ⊟ementary			Average		
Fitness Area == Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	48%	42%	45%	Decreased	57%
Aerobic Capacity	62%	58%	60%	Decreased	71%
Curl-Ups	43%	51%	74%	Increased	75%
Push-Ups	55%	53%	62%	Increased	66%
St and Reach	63%	70%	57%	Decreased	69%
Trunk Lift	84%	83%	75%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

^{*} Campuses provided change information – it was not calculated from the scores.