

WOOLDRIDGE ELEMENTARY 2017-2018 Coordinated School Health Report

Principal: Sheri Mull Physical education teacher: Tracey Ely CSH team member: Delly Sanchez

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Wooldridge Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	18	19
Total achieved (of 77) supplemental	55	56

Coordinated School Health Item Implementation Inventory

Implementation of PE	Wooldridge Response	%YésatAl Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEtexcher(s) are certified in CFR/First Aid and AED.	Yes	99%
* Campus staff followed the ASD Special Area Sandards of Service.	Yes	

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CSHImplementation	Wooldridge Response	%YesatAll Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKick-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themeseach grading period.	Yes	99%
Compussivents and staff participated in Red Robon Week in November.	Yes	94%
Compussfudents and staff participated in Healthy Heart Week in February.	Yes	98%
Compussivents and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CS-Iteamprovided information or training for all dassroom teachers' staff regarding this year's CS-Itinitiatives for their campus.	Yes	90%
The Sudent Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers	Yes	88%
Other (please specify):	No	42%
Health Lessons * Students were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form). * All dassroom teachers followed the district's Health curriculum. Other (please specify):	Yés Yés No	98% 96% 27%
Working Out for Wellness (WOW)		
* All dassroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	100%
* All dæsroom teachers provided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	100%
Classroom teachers planned and implemented structured physical activities during WOW, which induded Marathon Kids	Yes	98%
Campus staff provided WOW activities inside during indement weather.	Yes	100%
The FE teacher trained students in 3rd 5th grade dasses to help lead WOW activities.	Yes	77%
Other (please specify):	Nb	36%

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

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Nutrition	Wooldridge Response	%YesatAl Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FIVIN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	1 or 2	(SæFigure2)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.

All Elementary	84M			244	470/	440/	Scho
		r u Bor4 ∎5or	more			_	

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Wooldridge Response	%YesatAll Elementary Sthools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify):	No	38%
Approximately what percentage of dassroom teachers are registered and using Go Noodle activities at least one time every day?	50%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

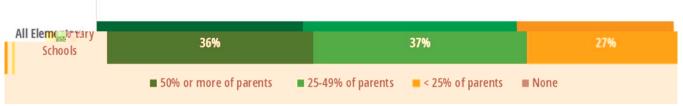
Other Physical Activity Opportunities	Wooldridge Response	%YesatAll Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	Yes	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade Volleyball Rayday.	No	53%
The campus participated in the APER Cross Country Run.	No	31%
Other (please specify): Lunch games	Yés	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yés	99%
Campus staff posted physical activity information in		

	Wooldridge	%YesatAll
Parent and Community Participation	Response	HementarySchools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Nb	65%
There was at least one parent on the CS-Iteam.	Yes	77%
Other (please specify):	Nb	35%
Approximately how many parents participated in the OATCH Family Fun Night at your campus?	40% of parents	(SæFigure4)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

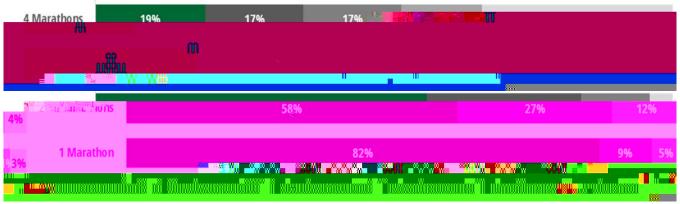


Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Wooldridge	%Yesat Al
Marathon Participation	Response	HementaryShools
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(SæFigure5)
What percentage of K-5 students completed the equivalent of two marathons?	76-100%	(SæFigure5)
What percentage of K-5 students completed the equivalent of three marathons?	51-75%	(SæFigure5)
What percentage of K-5 students completed the equivalent of four marathons?	0.25	(SæFigure5)

Figure 5

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.