

Principal: Anayansi Blessum

Physical education teacher: Lewis Price

CSH team member: J. Mayo

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Winn Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

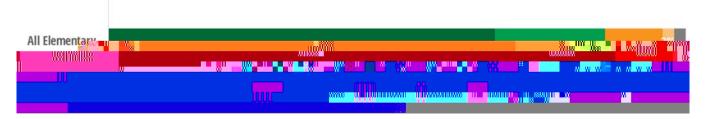
2016-2017

Coordinated School Health Item Implementation Inventory

| Implementation of PE | Winn Response | %YesatAll Elementary Schools |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------------------|
| * FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA). | Yes | 100% |
| * At least 85% of the students were assessed for Fitnessgram. | Yes | 100% |
| * FEteocher(s) are certified in CFR First Aid and AED. | Yes | 99% |
| * Campus staff followed the AISD Special Area Standards of Service. | Yes | 100% |
| * All FEteachers followed the district FEcurriculum and assessments. | Yes | 100% |
| REteacher(s) followed the National REAppropriate Practices | Yes | 100% |
| The PEteocher(s) maintained the required PEinventory and materials. | Yes | 100% |
| The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week | Yes | 96% |
| At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation. | Yes | 83% |
| Other (please specify): PE teacher attended several PE related PD opportunities during the school year | Yes | 47% |
| CSH Planning | | |
| *The principal established a CS-Iteam | Yes | 99% |
| The principal identified a CSH dhair. | Yes | 99% |
| The CSH team included teacher representatives from each grade level. | Yes | 73% |
| The CSH team included at least one administrator. | Yes | 93% |
| The CSH team included at least two students. | Yes | 67% |
| The CSH team included the cafeteria manager. | Yes | 75 % |
| Campus leadership identified funds to purchase and maintain CSH equipment for the dassroom teachers to use during WOW time. | Yes | 93% |
| The campus leadership established a Student Wellness Team (SVT). | Yes | 90% |
| Oher (please specify): CSH chair provided CSH equipment for use by the classroom teachers during WOW time | Yes | 38% |
| Howmanytimes did the C9-Hteammeet this year? | 3times | (See Figure 1) |

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1
The majority of Elementary Coordinated School Health teams met 4 or more times this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

| C3H Implementation | Winn Response | %Yesat All Elementary Schools |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------------------------|
| * Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September. | Yes | 100% |
| * C3-I chair forwarded the CATC+I Coordination Kit Newsletter and other C3-I information to staff. | Yes | 99% |
| * Campus staff implemented the CATCH Coordination Kit themes each grading period. | Yes | 99% |
| Campus students and staff participated in Red Ribbon Week in November. | Yes | 94% |
| Campus students and staff participated in Healthy Heart Week in February. | Yes | 98% |
| Campus students and staff participated in School Breakfast Week in March. | Yes | 86% |
| Campus staff hosted at least one CATCH Family Fun Fitness Night. | Yes | 100% |
| The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus. | Yes | 90% |
| The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers. | Yes | 88% |
| Other (please specify): Members of the Student Wellness Team helped during the CATCH Family Fun Night | Yes | 42% |
| * Students were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form). * All dass room teachers followed the district's Health curriculum. | Yes Vec | 98% 98% |
| | W | 30 70 |
| | Yes | 96% |
| Other (please specify): The CSH chairperson directed the faculty as to where to find the district's health curriculum | Yes | 27% |
| Working Out for Wellness (WOW) | | |
| * All dassroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week. | Yes | 100% |
| * All dassroom teachers provided 30 minutes of recess daily. | Yes | 100% |
| The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources. | Yes | 90% |
| The CSH Chair provided information to all staff about how to participate in Marathon Kids. | Yes | 100% |
| Cassroom teachers planned and implemented structured physical activities during WOV, which included Marathon Kids. | Yes | 98% |
| Campus staff provided WOW activities inside during indement weather. | Yes | 100% |
| The PEteacher trained students in 3rd 5th grade dasses to help lead WOW activities. | Yes | 77% |
| Oher (plexe-specify): A new playground was designed and installed this year to accommodate our younger students | Yes | 36% |

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Nutrition

Winn
Response
Sthools

Wiseat All
Elementary
Sthools

| Brain Breaks | Winn Response | %Yesat All Elementary Schools |
|---------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------------------------|
| The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources. | Yes | 91% |
| At least 1 brain break goal was identified in the Campus Improvement Plan. | Yes | 78% |
| Brain break activities were provided at faculty meetings throughout the school year. | Yes | 86% |
| Other (please specify): Sometimes movement activities were offered at our SEL assemblies | Yes | 38% |
| Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day? | 75% | (SæFigure3) |

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

| | Winn Bementary | | | | Average |
|--------------------------|----------------|-----------------|------------|------------------------------------------|-------------------------|
| Fitness Area — Tested | 2017 Final | 2018 Diagnostic | 2018 Final | Change* from 2017 Final to 2018 Final | Eementary 2018 Final |
| BMI | 50% | 52% | 47% | Decreased | 57% |
| Aerobic Capacity | 42% | 98% | 81% | Increased | 71% |
| Curl-Ups | 100% | 99% | 100% | Stayed the same | 75% |
| Push-Ups | <30% | <30% | 44% | Increased | 66% |
| St and Reach | <30% | 54% | 54% | Increased | 69% |
| Trunk Lift | 94% | 82% | 92% | Decreased | 78% |

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.