

WILLIAMS ELEMENTARY 2017-2018 Coordinated School Health Report

Principal: Mary Cisneros Physical education teacher: Kelli Wiley CSH team member: Kelli Wiley

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Williams Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

	2016-2017	2017-2018
CSH IMPLEMENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19

Coordinated School Health Item Implementation Inventory

Implementation of PE	Williams Response	%YésatAl Eementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that induded 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campusstaff followed the ASD Special Area Standards of Service.	Yes	100%
* All Æteachersfollowed the district Æcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	100%
The REteacher(s) maintained the required REinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify): Increased SLO's with using 5th grade pacer test	Yes	47%
CSH Ranning		
*The principal established a CSH team.	Yes	99%
The principal identified a CS-I dhair.	Yes	99%
The CSH team included teacher representatives from each grade level.	Yes	73%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	Yes	67%
The CSH team included the cafeteria manager.	Yes	75%
Campus leadership identified funds to purchase and maintain CSH equipment for the dassroom teachers to use during WOW time.	Yes	93%
The campus leadership established a Sudent Wellness Team (SVIT).	Yes	90%
Oher (please specify): SWT helps with several activities throughout the year and will be field day helpers	Yes	38%
How many times did the CSH team meet this year?	3 times	(SæFigure 1)
* All items with an asterick were required by the ALSD Department of Physical Education and Health to be implement	ted at each car	nnue

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1

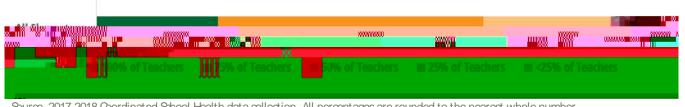
The majority of Bementary Coordinated School Health teams met 4 or more times

Nutrition	Williams Response	%YesatAll Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yés	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campusevents during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yés	94%
 * The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell). * Sudents and parents had access to healthy foods when 	Yes	98%

Brain Breaks	Williams Response	%YésatAl Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and Go Noodle resources	Yés	91%
At least 1 brain break goal was identified in the Campus Improvement Flan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): Several teachers participate in GoNoodle	Yes	38%
Approximately what percentage of dassroom teachers are registered and using Go Nocelle activities at least one time every day?	75%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Williams Response	%YesatAl Elementary Sthools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocelle).	Yes	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade \dlleyball Rayday.	Yes	53%
The campus participated in the APPR Cross Country Run.	Nb	31%
Cher (please specify): Prime Time activities throughout the year along with Jump Rope Hoop Contest coordinated with Jump Rope for Heart	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yés	99%
Campusstaff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	73%
Other (please specify): bullet in boards in PE hallway, gym and cafeteria	Yes	48%

	Williams	%Yesat Al
Parent and Community Participation	Response	HementarySchools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Coud.	Yes	98%

FITNESSGRAM RESULTS

	Williams Bementary			Average	
Fitness Area – Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	43%	45%	48%	Increased	57%
Aerobic Capacity	42%	45%	49%	Increased	71%
Curl-Ups	30%	40%	45%	Increased	75%
Push-Ups	<30%	31%	34%	Stayed the same	66%
St and Reach	75%	78%	80%	Increased	69%
Trunk Lift	77%	80%	82%	Increased	78%

OHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information - it was not calculated from the scores.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT: