# WEBB PRIMARY CENTER 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Marizza Marquez

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CSH team member: Jenet Tookes

#### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Webb Primary Center School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTIMINE MENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	53	52
Coordinated Sthool Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale<sup>74</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Webb Primary Center School completed 19 required and 52 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

### Coordinated School Health Item Implementation Inventory

	Webb	%YesatAll
	Primary	
Implementation of PE	Response	

Spring 2018 Coordinated School Health Program Report

CSH Implementation

Webb

Nutrition

Brain Breaks	Webb Primary Response	%Yesat All Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Nb	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify):	Nb	38%
Approximately what percentage of dassroom teachers are registered and using Go Nocolle activities at least one time every day?	100%	(See Figure 3)

## Figure 3 At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Webb Primary Response	%Yesat All Elementary Sthools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	Yes	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade Volleyball Playday.	Nb	53%
The campus participated in the APPER Cross Country Run.	Nb	31%
Other (please specify):	Nb	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%

	Webb Primary	%Yesat All
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	No	65%
There was at least one parent on the CSH team.	No	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	20% of parents	(See Figure 4)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

### Figure 4

At the majority of campuses, 25% or more of parents participated in the CATOH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Webb Primary	%Yesat All
Marathon Participation	Response	Elementary Schools

### FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Webb Primary Center			Average		
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	41%	50%	50%	Increased	57%
Aerobic Capacity	66%	63%	67%	Increased	<b>7</b> 1%
Curl-Ups	90%	90%	89%	Decreased	75%
Push-Ups	42%	44%	64%	Increased	66%
St and Reach	88%	88%	88%	Stayed the same	69%
Trunk Lift	93%	90%	89%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR

<sup>\*</sup> Campuses provided change information – it was not calculated from the scores.