# **XANC BAX NS: 0** 2016-2017 AD

## SCO HAN RO

Principal: Dinorah Bores Physical education teacher: Joyce Kennie CSH team member: Jaime Benites

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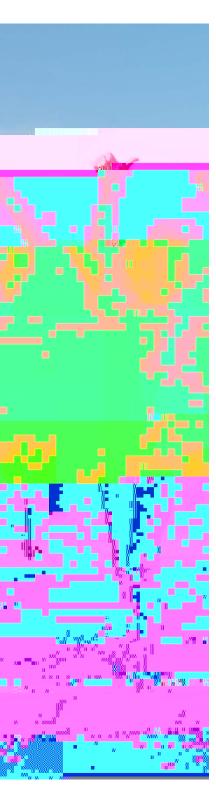
Coordinated School Health (CSH) Pradgeducation (TEC §46 (C) 39.0545).

CSHmplementation Summary	Score/Rating
Total achieved (of 19) required	19
Total achieved (of 80) supplemental	46
Total (of 6) Healthy Fitness Zones areas with "increased" status since the prior school year	2
2016-2017 CSH Rating	Recognized
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Source. 2015 AISD CSH Program Report

The rating scale<sup>73</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exœed the AISD CSH Programstandards. All campuses submitted enough data to be rated. Walnut Creek Elementary School achieved 19 required and 46 supplemental items during the 2016–2017 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body compositio n. Scores from these tests are compared



Cident

	Walnut Creek	% Yes at All Elementary
Implementation of PE	Response	Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	No	54%

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## CSH Planning

*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	Yes	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	Yes	64%
The CSH team included the cafeteria manager.	Yes	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use		

CSH Implementation	Walnut Creek Response	% Yes at All Elementary Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (please specify):	No	54%

### Health Lessons

* All of the specified Sexuality and Responsibility lessons were taught during science class by classroom teachers,		95%
unless parents signed an opt-out form.	Yes	9070
* All classroom teachers followed		

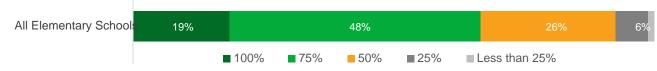
All classroom teachers followed

Nutrition	Walnut Creek Response	% Yes at All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	98%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	98%
* The campus did not sell food or beverages for any fund-raising activity during the school day.	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	100%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	95%
The campus students and staff had no more than one food-related fundraiser.	No	81%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking classes, etc.)	Yes	95%
Other (please specify):	No	58%
Brain Breaks		
The CSH chair provided staff training on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	94%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain breaks were provided at faculty meetings throughout the school year.	Yes	80%
Other (please specify):	No	48%
Approximately what percentage of classroom teachers are registered and using Go Noodle activities at least one time every day?	25%	(See Figure 2

\* All items with an asterisk were required by the AISD Departornehtysical Education and Health to be implemented at examplesca

#### Figure 2

At 93% of elementary campuses or more of the classroom teachare registered and using Go Noodle activities at least one time every day. At 19% of campuses of teachers ere using Go Noodle at least one time every day.



Source. 2016-2017 Elementary Coordinated School Healthedaitance/III percentages are rounded to the nearest whole number

Other Physical Activity Opportunities	Walnut Creek Response	% Yes at All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go	Yes	
Noodle).		59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	Yes	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	Yes	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	No	62%
School Health Environment		
Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways and classrooms throughout the school year.	Yes	96%
Campus staff sent nutrition and physical activity information to parents.	Yes	89%
Staff posted nutrition and physical activity information on the campus website.	No	63%
Other (please specify):	No	52%
Parent and Community Participation		
* Parents were notified that they could request their child's Fitnessgram results.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	No	64%
There was at least one parent on the CSH team.	Yes	74%
Other (please specify):	No	46%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	vity inuivalthe	e Cfrthree any rathons?* I

Spring 2017 Coordinated School Health Program Report