

# WALNUT CREEK ELEMENTARY 2017-2018 C

## Coordinated School Health Item Implementation Inventory

	Walnut Creek	%YesatAll Bementary
Implementation of PE	Response	Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All FEtexchersfollowed the district FEcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices.	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week. At the beginning of each grading period, parents were	Yes	96%

Walnut	%YesatAll
Creek	Elementary
Response	Schools
Yes	100%
	Creek Response

\* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.

Spring 2018 Coordinated School Health Program Report

Nutrition	Walnut Creek Response	%YesatAl Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The studentshad access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	5 or more	(SæFigure2

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

#### Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.

All Elementary	84M			244	470/	440/	Scho
		ru∰or4 ∎5or	more			_	

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

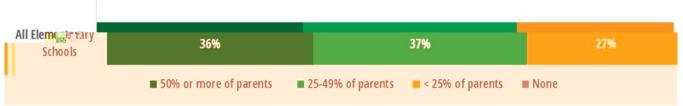
	Walnut Creek	%YesatAll Elementary
Brain Breaks	Response	Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoN bodie resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Ran.	Nb	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): Brain breaks in the classroom and before instruction begins	Yes	38%

	Walnut Creek	%YesatAll
Parent and Community Participation	Response	<b>HementaryShools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	Nb	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	35% of parents	(SæFigure4)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

### Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

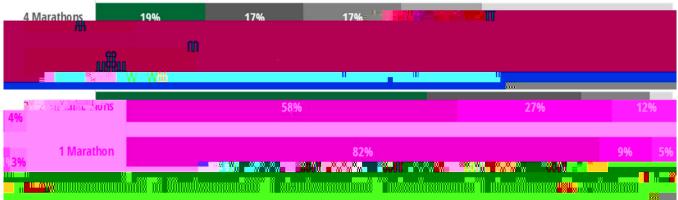


Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Walnut Creek	%Yesat Al
Marathon Participation	Response	<b>HementaryShools</b>
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(SæFigure5)
What percentage of K5 students completed the equivalent of two marathons?	51-75%	(SæFigure5)
What percentage of K5 students completed the equivalent of three marathons?	Fewer than 25%	(SæFigure5)
What percentage of K5 students completed the equivalent of four marathons?	Fewerthan 25%	(SæFigure5)

#### Figure 5

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.