

# TRAVIS HEIGHTS ELEMENTARY SCHOOL

## 2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Lisa Robertson

Physical education teacher: Linda Collins

CSH team member: Carrie Turner

### Results

Coordinated School Health (CSH) Program implementation data were collected





CSH Implementation	CSH	SA
Physical Education	Y	Y
Health Education	Y	Y
Physical Activity	Y	Y
Healthy Eating	Y	Y
Substance Use Prevention	Y	Y
Mental Health	Y	Y
Personal Safety	Y	Y
Community Involvement	Y	Y
Other	Y	Y
Health Lessons		
Physical Education	Y	Y
Health Education	Y	Y
Other	Y	Y
Working Out for Wellness (WOW)		
Physical Education	Y	Y
Health Education	Y	Y
Physical Activity	Y	Y
Healthy Eating	Y	Y
Substance Use Prevention	Y	Y
Mental Health	Y	Y
Personal Safety	Y	Y
Community Involvement	Y	Y
Other	Y	Y

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus



Other Physical Activity Opportunities				2016	2017
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y

School Health Environment				2016	2017
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y

Parent and Community Participation				2016	2017
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y
Physical Education	Physical Education	Physical Education		Y	Y

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.

Source. 2016-2017 Elementary Coordinated School Health data. All percentages are rounded to the nearest whole number

### Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR