

ST. ELMO ELEMENTARY 2017-2018 C

Coordinated School Health Item Implementation Inventory

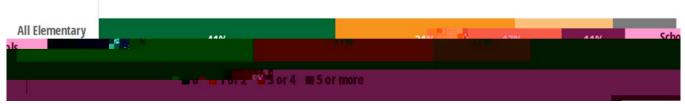
Implementation of PE	9: Elmo Response	%YesatAll Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteocher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All FEteachers followed the district FEcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify):	Nb	47%
C9H Planning		
*The principal established a CS-Hteam	Yes	99%
The principal identified a CSH chair.	Yes	99%
\cdot		
The CSH team included teacher representatives from each grade level.	Yes	73%
The CSH teamind uded teacher representatives from each grade level. The CSH teamind uded at least one administrator.	Yes Yes	
		73%
The CSH teamind uded at least one administrator. The CSH teamind uded at least two students.	Yes	73% 93%
The CSH teamind uded at least one administrator. The CSH teamind uded at least two students. The CSH teamind uded the cafeteria manager.	Yes No Yes	73% 93% 67%
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CSH1mplementation	St. Elmo Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%

Nutrition	St. Elmo Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based apportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	5 or more	(See Figure 2)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

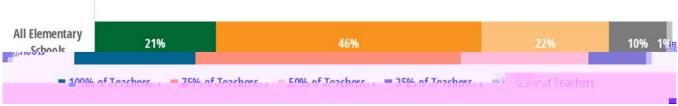
 $\label{eq:figure 2} \mbox{Only 41\% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.}$



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	St. Elmo Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Nb	86%
Other (please specify):	Nb	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	100%	(See Figure 3)

Figure 3
At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	St. Elmo Response	%Yesat All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocolle).	Yes	60%
The campus provided after-school physical activity apportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade \dleyball Rayday.	Yes	53%
The campus participated in the AHTRO coss Country Run.	Yes	31%
Other (please specify):	Nb	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Nb	93%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	73%
Other (please specify):	Nb	48%

Parent and Community Participation

St. Elmo Response

%Yesat All Hementary Sthools

* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.

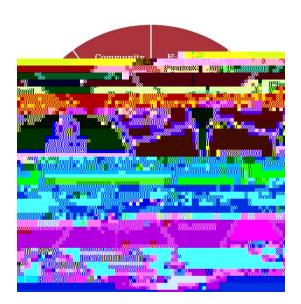
FITNESSGRAM RESULTS

Q-IANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	3. ∃mo ∃ementary		Average		
Fitness Area — Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	57%	57%	55%	Decreased	57%
Aerobic Capacity	91%	80%	86%	Decreased	71%
Curl-Ups	93%	79%	94%	Increased	7 5%
Push-Ups	95%	81%	94%	Decreased	66%
St and Reach	93%	79%	86%	Decreased	69%
Trunk Lift	97%	94%	98%	Increased	78%

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Students (15) participated in an after school (Prime Time) Fitness Class. PSS held Fitness Friday class on Friday mornings throughout the year (approx. 20 participants).

