

Coordinated School Health It em Implementation Inventory

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En En				廢	86
lessons.	ESL strategies we	re implemented to include p	participation of ELLs in P.E.	Ŕ	%

†

CSH Planning

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	Ŕ			9 6
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(1964) Marina			æ	9 6
igite/i			Ø	220
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	The CSH team included representation from primary, intermediate, PSS,		æ	5%
administra	ation and attended training together this year.		B	20
	lige	1∎n		

* All items with an asterisk were required by the AISD Departmine hysical Education and Health to be implemented at examples ca

Figure 1

The majority of Elementary Coordinated School Health teamsometre timeshis year

All Elementary Schools4	1%	11%	23%		63%			
			■1 time	2 tim	nes	■ 3 times	■ 4 or more	

Source. 2016-2017 Elementary Coordinated School Healtheddaitance/III percentages are rounded to the nearest whole number

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	Campus implemented Healt rogram to recognize student				Ŕ	鐕
more healthy lif					Ψ	
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144 49999 (4449406) 144460/ 144660/	School-wide implementatio	n of Fruity Frida		nition of		
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healthy fruit as	School-wide implementatio	n of Fruity Frida		nition of	<u>8</u>	% &
healthy fruit as	School-wide implementatio snack choices was implemen	n of Fruity Fridanted throughout		nition of	Ŕ	96 866 966
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Material for Material for healthy fruit as Working Out for	School-wide implementatio snack choices was implemen	n of Fruity Fridanted throughout	the school year.	nition of	<u>8</u> 8	96 866 966
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* All items with an asterisk were required by the AISD Department Physical Education and Health to be implemented at examples ca

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	Sanchez h	nosted the AISD inaug	juration and ribbon-cutting ceremony	/ for the ₩	86
cafeteria	a salad bar.			Ψ	vu

Brain Breaks

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F	Projector and screen were purchased and installed in gym for this purpose.	æ	X
jhuftan : iuga		Ø	

* All items with an asterisk were required by the AISD Department

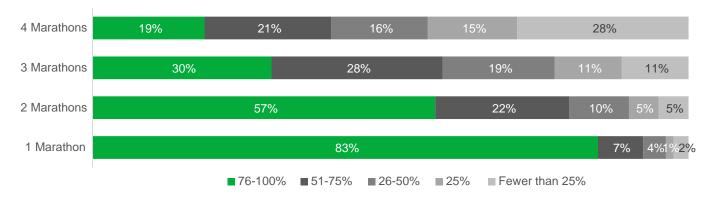
b j	Activity Opportunities	(the first state of the first st	Ø	
þ				%
b			威	%
			ð	26
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<u></u>	Parent Support Specialist	organized a parent boot camp to instill in	威	
parental comn	nunity the importance of re	gular exercise.		数

ttage			6	%	
翻翻	Winter		廃	Øb	
	ajio p		Ŗ	86	
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	Social Media posts were	e made regarding healthy school activities	Ŕ	26	
(Hea	althy Heart Week, Field days, etc.)		Ø	20	

Parent and Community Participation

Figure 4

The majority of students across AISD elementary **schoop** leted at least one marathon, and 19% of elementary schools reported that 6-100% of their students mpleted the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health diata cellepercentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE INTEALTHMITNES SONE (HFZ) FROM PRIOR TOURRENTEAR (PERCENTAGE OF CAMPUSES REPORTING IN E) CH CATEG

	Sanchez	Sanche	ez 2017	Sanche2016	2017 All	Comparison of
Fitness Area	2016 Final	Fina	-	to 2017	Elementary	Sanchez 2017 Final to
Tested	2010 Final	ГШ	ai	Change*	Final Average	All Elementary Final
BMI	86	X	Ð	Z	儲	
Aerobic Capacity	56	36	Ð	%	₿a	
Curl-Ups	86	86	Ø	36	Æ i	
Push-Ups	5%	86	Ð	X	B	
Sit and Reach	%	%	Ð	S	B	
Trunk Lift	9%	Øð	Ø	86	B	

Source. 2016-2017 Elementary Coordinated School Health data collection.

* Campuses provided change informationwas not calculated from the scores.

Author

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