

Coordinated School Health It em Implementation Inventory

Implementat	ion of PE			6 6	984A §m §
		(Badder)		Ŕ	Øð
				Ŕ	Øð
T				Ŕ	Øð
				ø	Ø
				æ	Ø
				Ŕ	9%
Tijitto				ø	Øð
				Ŗ	%
En En				廢	86
lessons.	ESL strategies we	re implemented to include p	participation of ELLs in P.E.	Ŕ	%

†

CSH Planning

-	5			
	æ			Øð
	Ŕ			Ø
			Ø	9%
	Ŕ			9 6
	Ø			Øb
	6			86
(1964) Marina			æ	9 6
igite/i			Ø	220
			Ø	86
	The CSH team included representation from primary, intermediate, PSS,		æ	5%
administra	ation and attended training together this year.		B	20
	lige	1∎n		

* All items with an asterisk were required by the AISD Departmine hysical Education and Health to be implemented at examples ca

Figure 1

The majority of Elementary Coordinated School Health teamsometre timeshis year

All Elementary Schools4	1%	11%	23%		63%			
			■1 time	2 tim	nes	■ 3 times	■ 4 or more	

Source. 2016-2017 Elementary Coordinated School Healtheddaitance/III percentages are rounded to the nearest whole number

CSH Implementa	ation				6 6	944A Kjin Kji
			(jate)		Ŕ	9 5
					æ	%
					₿ B	9 5
	dekender h				₿ B	%
					Ř	9 2
					ø	86 07
	di din				Ø	9% 8%
		by Hoart Habita	I	incontivo		Ø
	Campus implemented Healt rogram to recognize student				Ŕ	鐕
more healthy lif					Ψ	
					Ø	9 %
	iiiii n				Ŕ	9 5 96
144 49999 (4449406) 144460/ 144660/	School-wide implementatio	n of Fruity Frida		nition of		
healthy fruit as	School-wide implementatio snack choices was implemen	n of Fruity Frida		iition of	Ŕ	%
healthy fruit as	School-wide implementatio	n of Fruity Frida		nition of	<u>8</u>	% &
healthy fruit as	School-wide implementatio snack choices was implemen	n of Fruity Fridanted throughout		nition of	Ŕ	96 866 966
Mathematical Science of the second science o	School-wide implementatio snack choices was implemen	on of Fruity Fridanted throughout	the school year.	ition of	<u>8</u>	% &
Material for Material for healthy fruit as Working Out for	School-wide implementatio snack choices was implemen	n of Fruity Fridanted throughout	the school year.	nition of	<u>8</u> 8	96 866 966
Mailing healthy fruit as Norking Out for	School-wide implementatio snack choices was implemen Wellness (WOW)	on of Fruity Fridanted throughout	the school year.	iition of	8 8 8 8	9% 8% 9%
Mathematical Mathe	School-wide implementatio snack choices was implemen Wellness (WOW)	on of Fruity Fridanted throughout	the school year.	nition of	8 8 8 8 8	96 865 96 96 96 96
Manufactorial Ma	School-wide implementatio snack choices was implemen Wellness (WOW)	on of Fruity Frida ated throughout	the school year.		8 8 8 8 8	96 866 96 96 96 96 96
Manufactorial Ma	School-wide implementatio snack choices was implemen Wellness (WOW)	on of Fruity Frida ated throughout	the school year.		8 8 8 8 8 8	9. 85. 9. 9. 9. 9. 9. 9. 9. 9. 9. 9. 9. 9. 9.

* All items with an asterisk were required by the AISD Department Physical Education and Health to be implemented at examples ca

Nutrition				ß F	844A 6510 63
			iði fög∰en	Ŕ	S
				Ψ	20
				废	Ø
() () () () () () () () () () () () () (Ψ	W
	f datie			废	86
Giùi th		Minte			
Eddade		۱. ۱		威	9 5
		t	digital and the second s	废	Øð
N				U U	•
				废	9 56
	ไข้ก				
				ø	86
		i di i i i i i i i i i i i i i i i i i		废	9 56
				Ű	W
	Sanchez h	nosted the AISD inaug	juration and ribbon-cutting ceremony	/ for the ₩	86
cafeteria	a salad bar.			Ψ	vu

Brain Breaks

		Ŕ	9 6
0		Ψ	776
		Ø	86
Depat ija		æ	86
F	Projector and screen were purchased and installed in gym for this purpose.	æ	X
jhuftan : iuga		Ø	

* All items with an asterisk were required by the AISD Department

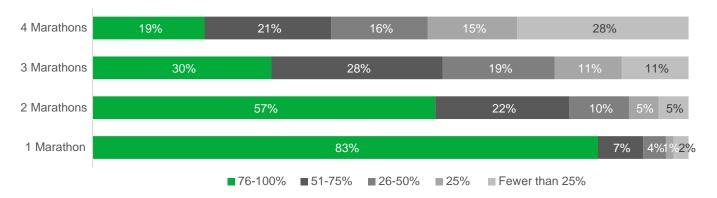
b j	Activity Opportunities	(the first state of the first st	Ø	
þ				%
b			威	%
			ð	26
			Ø	26
<u></u>	Parent Support Specialist	organized a parent boot camp to instill in	威	
parental comn	nunity the importance of re	gular exercise.		数

ttage			6	%	
翻翻	Winter		廃	Øb	
	ajio p		Ŗ	86	
	ijiteiteijie./		Ø	86	
	Social Media posts were	e made regarding healthy school activities	Ŕ	26	
(Hea	althy Heart Week, Field days, etc.)		Ø	20	

Parent and Community Participation

Figure 4

The majority of students across AISD elementary **schoop** leted at least one marathon, and 19% of elementary schools reported that 6-100% of their students mpleted the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health diata cellepercentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE INTEALTHMITNES SONE (HFZ) FROM PRIOR TOURRENTEAR (PERCENTAGE OF CAMPUSES REPORTING IN E) CH CATEG

	Sanchez	Sanche	ez 2017	Sanche2016	2017 All	Comparison of
Fitness Area	2016 Final	Fina	-	to 2017	Elementary	Sanchez 2017 Final to
Tested	2010 Final	ГШ	ai	Change*	Final Average	All Elementary Final
BMI	86	X	Ð	Z	儲	
Aerobic Capacity	56	36	Ð	%	₿a	
Curl-Ups	86	86	Ø	36	Æ i	
Push-Ups	5%	86	Ð	X	B	
Sit and Reach	%	%	Ð	S	B	
Trunk Lift	9%	Øð	Ø	86	B	

Source. 2016-2017 Elementary Coordinated School Health data collection.

* Campuses provided change informationwas not calculated from the scores.

Author

Cinda Christian, Ph.D.

Department of Research and Evaluation



1111 West 6th Street, Suite D-350 | Austin, TX 78703-5338 512.414.1724 | fax: 512.414.1707 www.austinisd.cog/dre | Twitter: @AISDRE لال 2017 Publication 16.34 RB 1.67