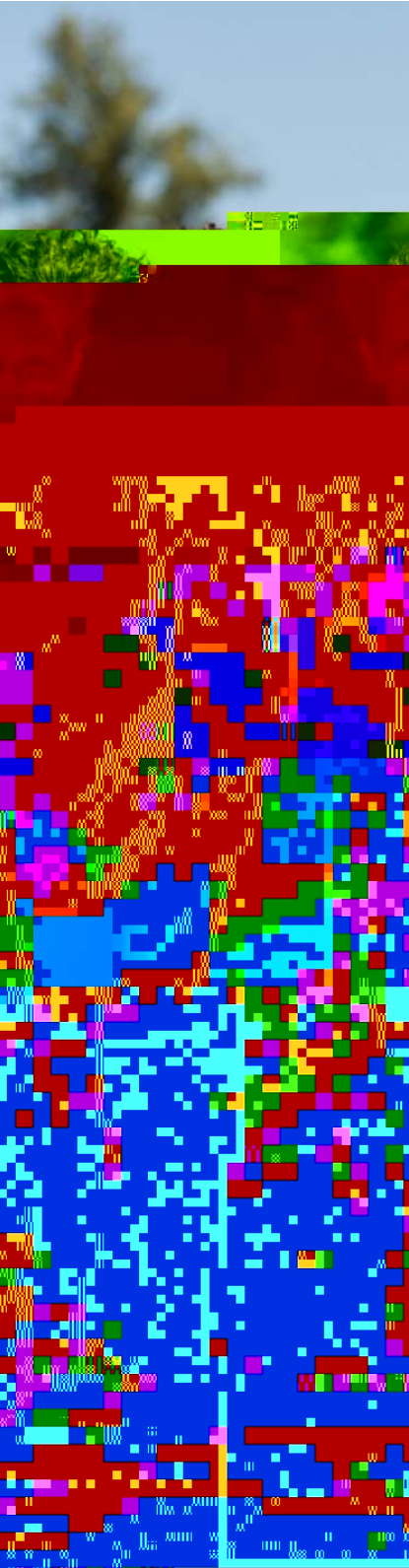


SADLER MEANS YOUNG WOMEN LEADERSHIP
ACADEMY
2016-2017



Coordinated School Health Implementation Inventory

Sadler Means
YWLA Response
% Yes
All Middle
Schools

Implementation of PE

* PE teacher(s) planned and implemented physical education weekly for all students included 50% (or

CSH Implementation	Sadler Means YWLA Response	% Yes All Middle Schools
* Campus students and staff participated in the Department's district-wide activity for CSH Kick-Off Week in September.	Yes	89%
* Campus staff implemented Board-adopted CSH CATCH,	Yes	100%
* Campus staff used the CATCH Code of Conduct (throughout the school year.	Yes	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents		

	Sadler Means YWLA Response	% Yes All Middle Schools
Brain Breaks		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes.	89%
The classroom teachers provided opportunities for students to lead brain activities during class time.	Yes	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	Yes	74%
Other (please specify):	No	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?	50% or more	(See Figure 3)

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each school.

Figure 3

At the majority of middle schools, 50% or more of the classroom teachers are using brain breaks at least once each day?

Source. 2016-2017 Coordinated School Health data collection. Percentages are rounded to the nearest whole number.

	Sadler Means YWLA Response	% Yes All Middle Schools
Other Physical Activity Opportunities		
Campus staff provided opportunities for students to be active before (schooling club or open gym).	Yes	50%

	Sadler Means YWLA Response	% Yes All Middle Schools
Parent and Community Participation		
* Parents were notified that they could request their child's Fitnessgram results.	Yes	100%
Campus has a Healthy Lifestyle champion identified position on their PTA.	Yes	47%
There was at least one parent on the CSH team.		63%
Other (please specify): Police Department sponsorship (Dedicated to improving our tennis equipment and athletic department), Garden to Table	Yes	63%

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at campus

Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Sadler Means YWLA 2016 Final	Sadler Means YWLA 2017 Final	Sadler Means YWLA 2016 to 2017 Change*	2017 All AISD Middle Final Average	Comparison to Sadler Means YWLA 2017 Final to All Middle Final
BMI	42%	43%	Increased	58%	Less than
Aerobic Capacity	47%	59%	Increased	70%	Less than
Curl-Ups	81%	76%	Decreased	87%	Less than
Push-Ups					