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Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Rosedale School received a rating of Exemplary for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017 SCORE/RATING	2017-2018 SCORE/RATING

Source. 2018 AISD CSH Program Report

* During the 2016-2017 school year, there were 11 required and 48 supplemental components.

The rating scale² was based on identified activities that support coordinated school health efforts. There were 15 required and 43 supplemental opportunities for alternative campuses (ALC and Rosedale) to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Rosedale achieved 15 required and 40 supplemental items during the 2017–2018 school year.

AISD campuses are encouraged to use their results to set goals for their Campus

Coordinated School Health Item Implementation Inventory

Implementation of PE

Posters reflecting weekly curriculum are posted in halls and the gym.

CSH Planning

Students are surveyed on an ongoing basis for input into PE practices.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.
Note. Only items relevant to ALC and Rosedale are presented.

CSH Implementation

Safety practices and healthy relationships are a part of our transition discussions.

Brain Breaks

We have mindful Mondays every week

Other Physical Activity Opportunities

Nutrition

We are a trauma informed care campus and practice having nutrition and hydration available every 2 hours or as needed.

* All items with an asterisk were required by the AISD Department

School Health Environment	Rosedale Response	% Yes at All Schools
Campus staff posted nutrition information in allways school cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in allways school hallways throughout the school year.	Yes	93%
Campus staff sent nutrition and physical information to parents.	Yes	90%
Campus staff posted nutrition and physical information on the campus website.	Yes	71%
Campus staff posted health and wellness information on the campus website.	Yes	77%
Other (please specify): Symbols are present in the hallways for students with limited communication to express their needs regarding nutrition choices.	Yes	50%
Parent and Community Participation		
Campus has a Healthy Lifestyle champion identified position on their PTA.	Yes	61%
There was at least one parent on the CSH team.	Yes	76%
Other (please specify): PTA is purchasing a massage chair for a serenity room for staff.	Yes	34%

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.
Note. Only items relevant to ALC and Rosedale are presented.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID OR IS DOING FOR YOUR CHILD THAT YOU WOULD LIKE TO TELL US ABOUT

We are a trauma informed campus. We provide ongoing training for staff to reset their approach to students living or reliving trauma. We have hydration stations available throughout the campus that students assist in refreshing daily. We have an SEL committee that implements strategies for calming. We use the Zones of Regulation for both staff and students to express their feelings and ask or offer help appropriately. We host Mindful Mondays for staff weekly. We grow various gardens which the students harvest and then make community dishes to share with the campus.

AUSTIN INDEPENDENT SCHOOLS DISTRICT

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