Onda Ohristian, Ph.D. Publication 17.24 RB 2.68 June 2018



REILLY ELEMENTARY

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Corrine Saenz

Physical education teacher: Melissa Monreal

CSH team member: Tony Pfalzgraf

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Reilly Elementary School received a rating of **Unacceptable** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTIMINE MENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	14	17
Total achieved (of 77) supplemental	49	50
Coordinated Sthool Health Rating	Uhacceptable	Unacceptable

Source. 2018 AISD CSH Program Report

The rating scale⁶⁴ was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Reilly Elementary School completed 17 required and 50 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

⁶⁴ Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26 48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

Coordinated School Health Item Implementation Inventory

Implementation of PE	Reilly Response	%Yesat All Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteacher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices.	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify):	Nb	47%
C3H Planning		
*The principal established a CS-Iteam	Yes	99%
The principal identified a CSH dhair.	Yes	99%
The CSH teaminduded teacher representatives from each grade level.	Nb	73%
The CSH teamind uded at least one administrator.	Yes	93%
The CSH team included at least two students.	Nb	67%
The CSH teamind uded the cafeteria manager.	Yes	75 %
Campus leadership identified funds to purchase and maintain CSH equipment for the dassroom teachers to use during WOW time.	Yes	93%
The campus leadership established a Student Wellness Team (SVVI).	Yes	90%
Other (please specify):	Nb	38%
How many times did the CSH team meet this year?	3times	(See Figure 1

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1
The majority of Elementary Coordinated School Health teams met 4 or more times

Reilly Response %Yesat All

CSHImplementation

Nutrition	Reilly Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (including candy or food rewards) during the school day unless stated in a student's IEP.	Nb	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	No	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	No	

Brain Breaks	Reilly Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and CoNbodle resources.	No	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	

Parent and Community Participation	ReillyResponse	%Yesat All Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Nb	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	50% or more of parents	(SæFigure 4)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATOH/ Family Fun Night at their campus.

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Etware Anna —	Reilly Bementary			Average	
Fitness Area — Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	46%	34%	34%	Decreased	57%
Aerobic Capacity	95%	30%	36%	Decreased	71%
Curl-Ups	96%	61%	78%	Decreased	7 5%
Push-Ups	83%	51%	66%	Decreased	66%
St and Reach	45%	64%	50%	Increased	69%
Trunk Lift	47%	36%	41%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

^{*} Campuses provided change information – it was not calculated from the scores.