

# LUCY READ PRE-K CENTER

## 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Ami Cortes-Castillo  
Physical education teacher: NA  
CSH team member: Erika Arenivas

### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Lucy Read Pre-K Center received a rating of Unacceptable for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017 SCORE/RATING	2017-2018 SCORE/RATING
Total achieved (of 10) required	11	9

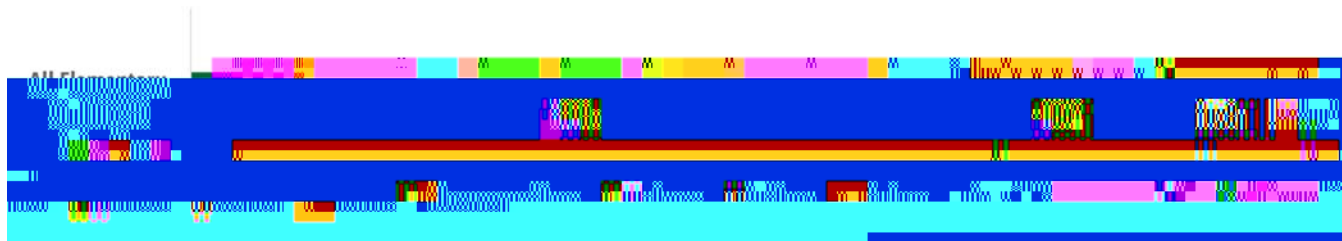
## Coordinated School Health Item Implementation Inventory

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
<b>Implementation of PE</b>		
* All PE teachers followed the PE curriculum and assessments.	Yes	100%
Other (please specify):	Yes	48%
<b>CSH Planning</b>		
*The principal established a CSH team.	Yes	99%
The principal identified a CSH chair.	Yes	99%
The CSH team included at least one administrator.	Yes	99%
Campus leadership identified funds to purchase CSH equipment for the classroom teachers to use during WOW time.	Yes	93%
Other (please specify):	Yes	39%
How many times did the CSH team meet this year?	4 (See Figure 1)	

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.  
*Note.* Only items relevant to Dobie Pre-K and Lucy Read are presented.

Figure 1

The majority of Elementary and Pre-K Coordinated School Health teams met more times this year.



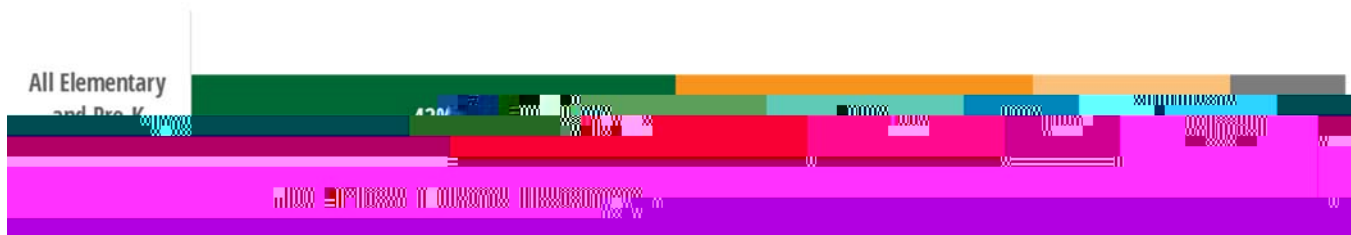
Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
<b>CSH Implementation</b>		
* Campus students and staff participated in the PE Department's district activity for CSH Kick-Off Week in September.	No	99%
Campus students and staff participated in Read a Book Week in November.	No	93%
Campus students and staff participated in Heart Week in February.	Yes	98%
Campus students and staff participated in Super Breakfast Week in March.	Yes	87%
Campus staff hosted at least one OAFO Fitness Night.	Yes	100%
The PE Department Chair or the CSH team provided training for classroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
Other (please specify):	Yes	43%

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
<b>Health Lessons</b>		
* All classroom teachers followed the district's Health curriculum.	Yes	96%
Other (please specify):	Yes	30%
<b>Working Out for Wellness (WOW)</b>		
* All classroom teachers provided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided information to all staff about how to participate in Marathon Kites.	Yes	99%
Campus staff provided WOW inside during inclement weather.	Yes	100%
Other (please specify):	Yes	37%
<b>Nutrition</b>		
* Healthy options were available when food/beverages were served at meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy food/beverages beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages during activity the school day (i.e. there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy food/beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines for celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	92%
The campus provided integrated nutrition education (i.e. school garden, farm stand, farm to work, cooking classes, etc.)	Yes	95%
Other (please specify):	Yes	44%
How many food-related fundraisers did staff sponsor outside school day this year?	0	(See Figure 2)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.  
 Note: Only items relevant to Dobie Pre-K and Lucy Read are presented.

Figure 2  
 Only 41% of the Elementary and Pre-K schools refrained from sponsoring food-related fundraisers at their school this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and GoNoodle resources.	Yes	92%
At least 1 brain break goal was identified in the Campus Improvement Plan.	No	77%
Brain break activities were provided in classrooms throughout the school year.	Yes	87%
Other (please specify):	Yes	39%
Approximately what percentage of classroom teachers use GoNoodle activities at least one time every day?	75%	(See Figure 3)

Note. Only items relevant to Dobie Pre-K and Lucy Read are presented.

Figure 3

At 21% of Elementary and Pre-K campuses, 100% of teachers were registered and using Go Noodle activities at least one

Parent and Community Participation	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Campus has a Healthy Lifestyle champion identified position on their PTA.	No	63%
There was at least one parent on the CSH team.	Yes	7%
Other (please specify):	Yes	36%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus? (See Figure 4)	50% or more of parents	
What percentage of K-5 students completed one marathon? (See Figure 5)	Fewer than 25%	
What percentage of K-5 students completed the two marathons? (See Figure 5)	Fewer than 25%	
What percentage of K-5 students completed the three marathons? (See Figure 5)	Fewer than 25%	
What percentage of K-5 students completed the four marathons? (See Figure 5)	Fewer than 25%	

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.  
*Note.* Only items relevant to Dobie Pre-K and Lucy Read are presented.

Figure 4  
 At the majority of campuses, 25% or more of parents

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID OR SAW FOR  
CHILD THAT YOU WOULD LIKE TO TELL US ABOUT

NA

