

PILLOW ELEMENTARY 2017-2018

Coordinated School Health Item Implementation Inventory

Pillow Response	%YesatAll Elementary Schools
Yes	100%
Yes	100%
Yes	99%
Yes	100%
Yes	96%
Yes	83%
	Response Yes Yes Yes Yes Yes Yes Yes

Other (please specify): Maintains a school physical education website linked to our school

Nutrition	Fillow Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (including candy or food rewards) during the school day unless stated in a student's IEP.	No	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	No	91%
The campus provided integrated nutrition education-based apportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify): Healthy Lifestyles Parenting Class and Parent Cooking Class	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?		(See Figure 2)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2
Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at

Brain Breaks	Fillow Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and	\ 6 0	O40/
GoNbodle resources.	Yes	91%
At least 1 brain break and was identified in the Carmus Improvement Plan		

At least 1 brain break goal was identified in the Campus Improvement Plan.

	Pillow	%Yesat All
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	Nb	65%
There was at least one parent on the CS-Iteam.	Yes	77%

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Pillow Bementary				Average
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	57%	54%	56%	Decreased	57%
Aerobic Capacity	65%	56%	64%	Decreased	71%
Curl-Ups	59%	55%	56%	Decreased	75%
Push-Ups	39%	33%	43%	Increased	66%
St and Reach	71%	72%	74%	Increased	69%
Trunk Lift	88%	80%	71%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Some classrooms offer flexible seating. Creative Learning Initiative and Social Emotional Learning implemented throughout the school. Enrichment activities such as music programs (square dancing), talent show, Z umba, staff Yoga class, staff walking club, staff volleyball team.



^{*} Campuses provided change information – it was not calculated from the scores.