

PECAN SPRINGS ELEMENTARY

2017-2018 COORDINATED SCHOOL HEALTH REPORT

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Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Pecan Springs Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

The rating scale⁵⁹ was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Pecan Springs Elementary School completed 19 required and 67 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students’ overall physical fitness.

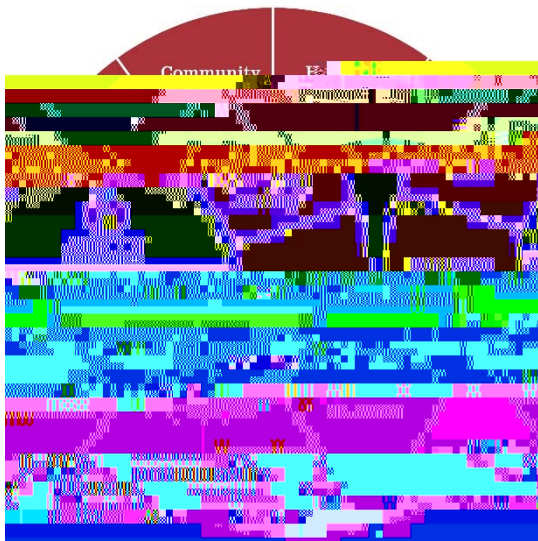
AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

⁵⁹ Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26–48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

Coordinated School Health Item Implementation Inventory

The campus was granted the veggie bag program for next school year.

FITNESSGRAM RESULTS



We really pushed for our staff to stay healthy and whole with mindfulness activities. We also used SEL/CLI/WOW in the classrooms with our students.

