Onda Christian, Ph.D. Publication 17.24 RB 2.61 June 2018



## **PATTON ELEMENTARY**

### 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Amanda Brantley

Physical education teacher: Matthew Blando

CSH team member: Dani Kunz

#### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Patton Elementary School received a rating of **Unacceptable** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

| CSH IMPLEMENTATION SUMMARY          | 2016-2017     | 2017-2018     |  |
|-------------------------------------|---------------|---------------|--|
| CONTIMINE MENTATION SUMMARY         | SCORE/ RATING | SCORE/ RATING |  |
| Total achieved (of 19) required     | 15            | 17            |  |
| Total achieved (of 77) supplemental | 44            | 53            |  |
| Coordinated School Health Rating    | Unacceptable  | Uhacceptable  |  |

Source. 2018 AISD CSH Program Report

The rating scale<sup>57</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Patton Elementary School completed 17 required and 53 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

<sup>&</sup>lt;sup>57</sup> Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26 48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

# Coordinated School Health Item Implementation Inventory

| Implementation of PE   | Patton<br>Response | %Yesat All<br>Elementary<br>Sthools |
|--|--------------------|-------------------------------------|
| * PEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA). | Yes                | 100%                                |
| * At least 85% of the students were assessed for Fitnessgram.  | Yes                | 100%                                |
| * PEteacher(s) are certified in CPR/ First Aid and AED.  | Yes                | 99%                                 |
| * Campus staff followed the ASD Special Area Standards of Service.   | Yes                |                                     |

| CSH1mplementation  | Patton<br>Response | %Yesat All<br>Elementary<br>Schools |
|--|--------------------|-------------------------------------|
| * Campus students and staff participated in the Health and REDepartment's district-wide activity for CSHKidk-Off Week in Sentember | Yes                | 100%                                |

<sup>\*</sup> CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.

| Nutrition   | Patton<br>Response | %Yesat All<br>Elementary<br>Schools |
|---|--------------------|-------------------------------------|
| * Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).                                 | Yes                | 100%                                |
| * The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.   | Yes                | 100%                                |
| * The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN) (induding candy or food rewards) during the school day unless stated in a student's IEP. | No                 | 94%                                 |

<sup>\*</sup> The campus refrained from selling food or beverage

| Brain Breaks   | Patton<br>Response | %Yesat All<br>Elementary<br>Schools |
|--|--------------------|-------------------------------------|
| The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.                                  | Yes                | 91%                                 |
| At least 1 brain break goal was identified in the Campus Improvement Plan.  Brain break activities were provided at faculty meetings throughout the school year. | Yes                | 78%                                 |

|  | Patton   | %YesatAll          |
|--|----------|--------------------|
| Parent and Community Participation   | Response | Elementary Schools |
| * Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud. | Yes      | 98%                |

## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

| Patton Bementary         |            |                 | Average    |  |                         |
|--------------------------|------------|-----------------|------------|--|-------------------------|
| Fitness Area =<br>Tested | 2017 Final | 2018 Diagnostic | 2018 Final | Change* from<br>2017 Final to 2018 Final | Bementary<br>2018 Final |
| BMI                      | 67%        | 65%             | 71%        | Decreased                                | 57%                     |
| Aerobic Capacity         | 72%        | 64%             | 70%        | Decreased                                | 71%                     |
| Curl-Ups                 | 91%        | 80%             | 86%        | Decreased                                | 75%                     |
| Push-Ups                 | 80%        | 73%             | 78%        | Decreased                                | 66%                     |
| St and Reach             | 64%        | 62%             | 58%        | Decreased                                | 69%                     |
| Trunk Lift               | 54%        | 56%             | 56%        | Incressed                                | 78%                     |