

PAREDES MIDDLE SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

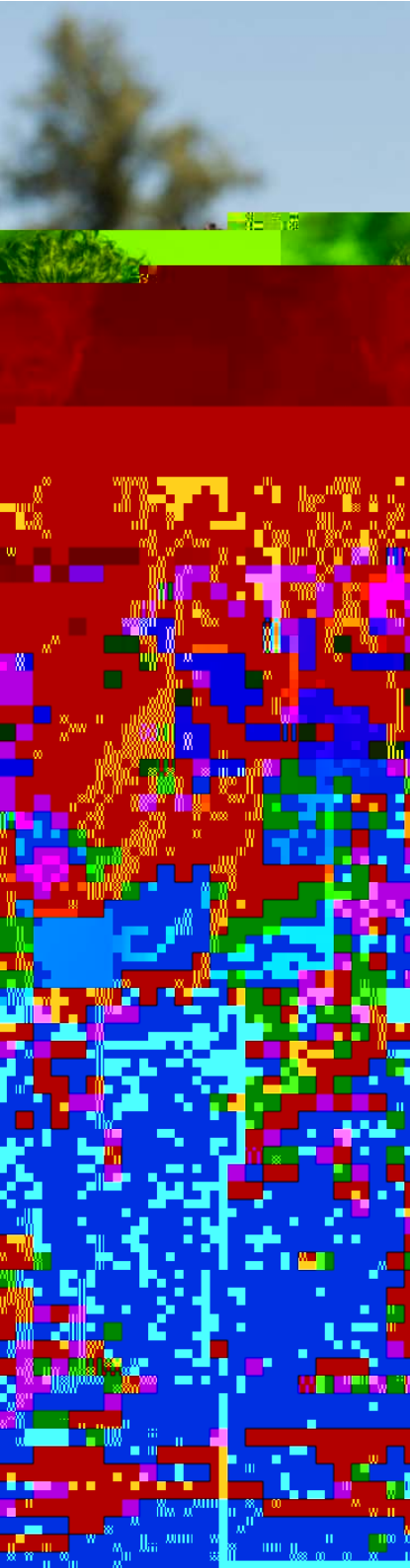
Principal: Valerie Torres-Solis

Physical education teacher: Rachel Morales

CSH team member: Melissa Almanza

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The



Coordinated School Health Implementation Inventory

Implementation of PE	Paredes Response	% Yes All Middle Schools
* PE teacher(s) planned and implemented physical education weekly that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the PE curriculum and assessments.	Yes	100%
* All 8th graders have completed a PE or PE substitution.	Yes	100%
The PE teacher(s) followed the PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the re		

	Paredes Response	% Yes All Middle Schools
Brain Breaks		
The CSH chair provided staff training on how Brain Breaks and locate Brain Break resources.	Yes	89%
The classroom teachers provided opportunities for students to lead brain activities during class time.	Yes	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	No	74%
Other (please specify): breaks used for staff during meetings/trainings	Yes	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day? (See Figure 3)	80%	

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each school.

Figure 3

At the majority of middle schools, 50% or more of the classroom teachers are using brain breaks at least once each day?

Source. 2016-2017 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Paredes Response	% Yes All Middle Schools
Other Physical Activity Opportunities		
Campus staff provided opportunities for students to be active before (schooling club or open gym).	Yes	79%
Campus staff provided opportunities for students to be active after (schooling club or open gym).	Yes	95%
The campus provided intramural activities during Advisory.	Yes	95%
The campus provided intramural or other physical activities during lunch.	No	79%
Other (please specify): Fitness Night, Cap1OK, Teachers used PA during lessons	Yes	68%

School Health Environment		
Campus staff posted nutrition information in school hallways throughout the school year.	Yes	100%
Campus staff posted physical activity information in school hallways throughout the school year.	Yes	79%
Campus staff sent parents nutrition and physical activity information.	Yes	74%

	Parentes Response	% Yes All Middle Schools
Parent and Community Participation		
* Parents were notified that they rec'd their child's Fitnessgram results.	Yes	100%
Campus has a Healthy Lifestyle champion in a defined position on their PTA.	No	47%
There was at least one parent on the CSH team.		63%
Other (please specify):	No	63%

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Fitnessgram Results

CHANGE IN HEALTH