

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Courtney Colvin-Crawford

Physical education teacher: Kimberly Robinson

CSH team member: Thamara Nava

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Overton Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

| CO HAND DAD TOT ON ORANADA | 2016-2017 2017-2018 |
|-------------------------------------|---------------------------|
| CSH I MPLEMENTATION SUMMARY | SCORE/RATING SCORE/RATING |
| Total achieved (of 19) required | 19 19 |
| Total achieved (of 77) supplemental | 65 57 |
| Coordinated School Health Rating | |

Coordinated School Health Item Implementation Inventory

| Implementation of PE | Overton Response | %Yesat All Elementary Sthools |
|---|---------------------|-------------------------------------|
| * FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Adivity (MNPA). | Yes | 100% |
| * At least 85% of the students were assessed for Fitnessgram. | Yes | 100% |
| * FEteacher(s) are certified in CPR/ First Aid and AED. | Yes | 99% |
| * Campus staff followed the ASD Special Area Standards of Service. | Yes | 100% |
| * All FEteachers followed the district FEcurriculum and assessments. | Yes | 100% |
| PEteacher(s) followed the National PEAppropriate Practices | Yes | 100% |
| The PEteather(s) maintained the required PEinventory and materials. | Yes | 100% |
| The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week | Yes | 96% |
| At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation. | Yes | 83% |
| Other (please specify): | Nb | 47% |
| CSH Planning *The principal established a CSH team | Yes | 99% |
| The principal identified a CSH chair. | Yes | 99% |
| The CSH team included teacher representatives from each grade level. | Yes | 73% |
| The CSH team included at least one administrator. | Yes | 93% |
| The CSH team included at least two students. | Yes | 67% |
| The CSH team included the cafeteria manager. | Yes | 75% |
| Campus leadership identified funds to purchase and maintain C3H equipment for the dassroom teachers to use during WOW time. The campus leadership established a Student Wellness Team (SWT). r.26 665.2 JEB d24 an | Yes | 93% |

The campus leadership established a Student Wellness Team (SVT). r.26665.2jEbd24 an

Overton Response %Yesat All Elementary Sthools

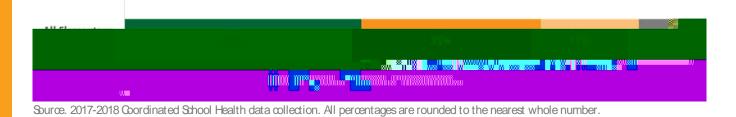
CSHImplementation

^{*} Campus students and staff participated in the Health and PEDepartment's district-wide activity for CSHKidx-Off

| Nutrition | Overton Response | %Yesat All Elementary Schools |
|---|---------------------|-------------------------------------|
| * Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days). | Yes | 100% |
| * The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day. | Yes | 100% |
| * The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP. | Yes | 94% |
| * The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell). | Yes | 98% |
| * Students and parents had access to healthy foods when food and beverages were served at after-school events/activities. | Yes | 99% |
| The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time. | Yes | 91% |
| The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.) | Yes | 95% |
| Other (please specify): Campus Garden was harvested and given to Scholars and Staff | Yes | 43% |
| How many food-related fundraisers did your campus staff sponsor outside the school day this year? | 0 | (See Figure 2) |

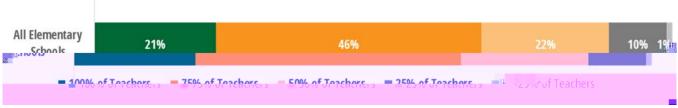
^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2
Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.



| Brain Breaks | Overton Response | %Yesat All Elementary Schools |
|---|---------------------|-------------------------------------|
| The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources. | Yes | 91% |
| At least 1 brain break goal was identified in the Campus Improvement Plan. | Yes | 78% |
| Brain break activities were provided at faculty meetings throughout the school year. | Yes | 86% |
| Other (please specify): | Nb | 38% |
| Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day? | 50% | (See Figure 3) |

Figure 3
At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

| Other Physical Activity Opportunities | Overton Response | %Yesat All Elementary Schools |
|--|------------------|-------------------------------------|
| The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle). | No | 60% |
| The campus provided after-school physical activity apportunities (i.e. running dub or open gym). | Yes | 95% |
| The campus participated in the ASD5th Grade \followball Flayday. | Yes | 53% |
| The campus participated in the AHTRO coss Country Run. | Nb | 31% |
| Other (please specify): Pom Squad & Bulldog Drill Team | Yes | 59% |
| School Health Environment | | |
| Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year. | Yes | 99% |
| Campus staff posted physical activity information in the school hallways throughout the school year. | Yes | 95% |
| Campus staff sent nutrition and physical activity information to parents. | Yes | 93% |
| Campus staff posted nutrition and physical activity information on the campus website. | Yes | 73% |
| Other (please specify): Workout Wednesday Live Broadcast | Yes | 48% |

| | Overton | %Yesat All |
|--|----------|--------------------|
| Parent and Community Participation | Response | Elementary Schools |
| * Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud. | Yes | 98% |

FITNESSGRAM RESULTS

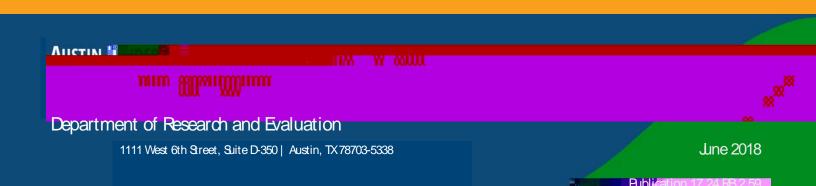
CHANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

| ^ | Overton Bementary | | | | Average | |
|--------------------------|-------------------|-----------------|------------|--|-------------------------|--|
| Fitness Area — Tested | 2017 Final | 2018 Diagnostic | 2018 Final | Change* from 2017 Final to 2018 Final | Bementary 2018 Final | |
| BMI | 35% | <30% | 33% | Decreased | 57% | |
| Aerobic Capacity | 93% | 88% | 94% | Increased | 71% | |
| Curl-Ups | 86% | 43% | 63% | Decreased | 75% | |
| Push-Ups | 64% | 77% | 42% | Decreased | 66% | |
| St and Reach | 38% | 32% | 30% | Decreased | 69% | |
| Trunk Lift | 86% | 90% | 88% | Increased | 78% | |

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Volma Overton received recognition of Mayor's Healthiest Schools Award. Overton Scholars and Staff participated in Workout Wednesday each week to promote health and wellness on campus



^{*} Campuses provided change information – it was not calculated from the scores.