

Principal: Monica Woods

Physical education teacher: Lesley Havelka

CSH team member: Morgan Martin



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Oak Springs Elementary received a rating of Exemplary for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	19
Total achieved (of 80) supplemental	65
Total (of 6) Healthy Fitness Zones areas with “increased” status since the prior school year	2
2016-2017 CSH Rating	Exemplary

Source. 2015 AISD CSH Program Report

The rating scale⁵¹ was based on identified activities

	Oak Springs Response	% Yes at All Elementary Schools
CSH Implementation		
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (please specify):	Yes	54%
Health Lessons		
* All of the specified Sexuality and Responsibility lessons were taught during science class by classroom teachers, unless parents signed an opt-out form.	Yes	95%
* All classroom teachers followed the district's Health curriculum.	Yes	99%
Other (please specify):	Yes	46%
Working Out for Wellness (WOW)		
* All classroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	98%
* All classroom teachers provided 30 minutes of recess daily.	Yes	99%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	95%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	99%
The campus used designated PE teacher activities, games, resources in addition to participating in Marathon Kids.	Yes	95%
Campus staff provided WOW activities during inclement weather.	Yes	99%
The PE teacher trained students in 3rd - 5th grade classes to help lead WOW activities.	Yes	70%
Other (please specify):	Yes	48%

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Nutrition

Oak Springs
Response

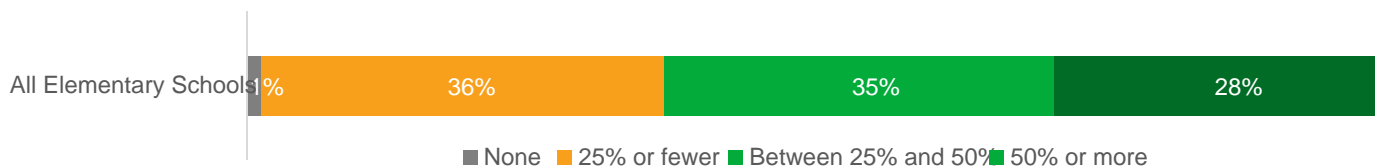
% Yes at All
Elementary
Schools

	Oak Springs Response	% Yes at All Elementary Schools
Other Physical Activity Opportunities		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go Noodle).	No	59%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	Yes	91%
The campus participated in the AISD 5th Grade Volleyball Playday.	No	52%
The campus participated in the AAPER Cross Country Run.	No	32%
Other (please specify):	Yes	62%
School Health Environment		
Campus staff posted nutrition information in the school hallways, cafeteria, and classrooms throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways and classrooms throughout the school year.	Yes	96%
Campus staff sent nutrition and physical activity information to parents.	Yes	89%
Staff posted nutrition and physical activity information on the campus website.	Yes	63%
Other (please specify):	Yes	52%
Parent and Community Participation		
* Parents were notified that they could request their child's Fitnessgram results.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	Yes	64%
There was at least one parent on the CSH team.	No	74%
Other (please specify):	Yes	46%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	At least 5%	(See Figure 3)
What percentage of K-5 students completed the equivalent of one marathon?	76-100%	(See Figure 4)
What percentage of K-5 students completed the equivalent of two marathons?	76-100%	(See Figure 4)
What percentage of K-5 students completed the equivalent of three marathons?	76-100%	(See Figure 4)
What percentage of K-5 students completed the equivalent of four marathons?	76-100%	(See Figure 4)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 3

At the majority of campuses, at least 25%-50% of parents participated in the CATCH/Family Fun Night at their campus.



Source. 2016-2017 Elementary Coordinated School Health data. All percentages are rounded to the nearest whole number.

