

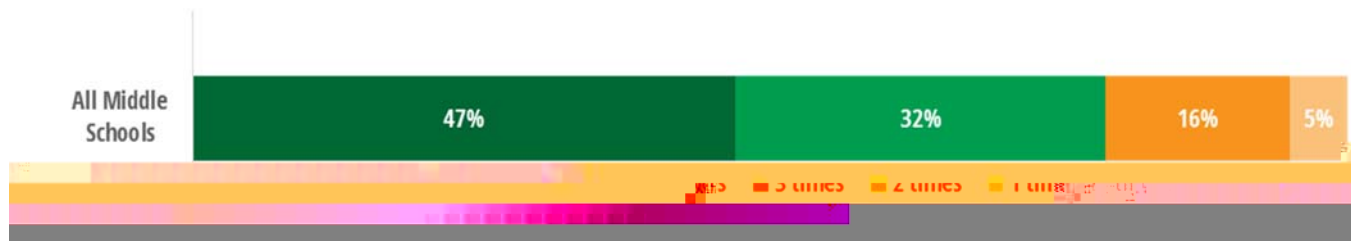
Coordinated School Health Item Implementation Inventory

Implementation of PE	O. Henry Response	% Yes at All Middle Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
* All 8th graders have completed 4 semesters of PE or PE substitution	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	95%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	100%
At the beginning of each PE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for class.	Yes	100%
Other (please specify): Teacher Web Page , Pony Express Newsletter	Yes	53%
CSH Planning		
*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included teacher representatives from each grade level.	Yes	95%
The CSH team included at least one administrator.	Yes	100%
The CSH team included at least two students.	Yes	79%
The CSH team included the cafeteria manager.	Yes	89%
The campus leadership established a Student Wellness Team (SWT).	Yes	79%
Campus leadership purchased CSH equipment for before- and after-school physical activity programs or opportunities (i.e. advisory, intramurals, and/or lunch, excluding athletics).	Yes	95%
Other (please specify): Half of our Enrichment classes (4x10 week rotations) are physical programs, ACES Advisories compete in Intramural Knock-Out Tournament, 3-3 6th grade basketball before school, open gym during lunch	Yes	53%
How many times did the CSH team meet this year?	3 times	(See Figure 1)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1

Nearly half of the middle school Coordinated School Health teams met **4 or more times** this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

CSH Implementation

O. Henry % Yes at All
Response Middle Schools

Nutrition	O. Henry Response	% Yes at All Middle Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	84%
* The campus refrained from selling food or beverages fo		

School Health Environment

Campus staff posted nutrition information in the school

O. Henry
Response

% Yes at All
Middle
Schools

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	O. Henry Middle School				Average Middle School 2018 Final
	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	
BMI	70%	69%	71%	Increased	58%
Aerobic Capacity	53%	49%	53%	Stayed the same	70%
Curl-Ups	89%	88%	88%	Decreased	87%
Push-Ups	85%	88%	87%	Increased	76%
Sit and Reach	88%	86%	85%	Decreased	70%
Trunk Lift	93%	88%	89%	Decreased	76%

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information – it was not calculated from the scores.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Enrichment Activities include: Mountain Biking, Girls and Boys Basketball, Yoga, PE Games, Cheerleading, Ultimate Frisbee, Quidicch, Golf Assemblies: Ballet Folklorico, Blue Lapis Light, Go Love Now, Saul Paul EcoRangers, Gardening Club, Cooking Club,