

NORMAN ELEMENTARY 2017-2018 Coordinated School Health Report

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Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Norman Elementary School received a rating of **Unacceptable** for the CSH Program implementation in 2017–2018. Campus results

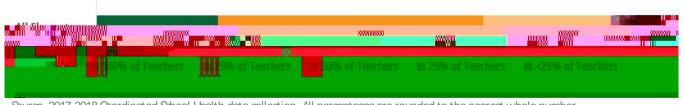
CSH1mplementation	Normen Response	%YesatAll Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKick-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Nb	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February. es 100%	Yes	98%

Nutrition	Norman Response	%YesatAll Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yés	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%

Brain Breaks	Normen Response	%YesatAll Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Ran.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): N/A	Nb	38%
Approximately what percentage of dassroom teachers are registered and using Go Nocelle activities at least one time every day?	50%	(SæFigure 3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Norman Response	%YesatAl Elementary Sthools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	Nb	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the AISD5th Grade \dlleyball Rayday.	Nb	53%
The compusparticipated in the APER Cross Country Run.	Nb	31%
Other (please specify): Marathon Kids	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campusstaff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	73%
Other (please specify): Brighter Bites	Yes	48%

FITNESSGRAM RESULTS

_	Norman Bementary				Average
Fitness Area — Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	54%	57%	58%	Increased	57%
Aerobic Capacity	88%	78%	81%	Decreased	71%
Curl-Ups	77%	73%	64%	Decreased	75%
Push-Ups	89%	62%	67%	Decreased	66%
St and Reach	63%	47%	46%	Decreased	69%
Trunk Lift	100%	98%	100%	Stayed the same	78%

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information - it was not calculated from the scores.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

We have an SEL committee, I have SEL assembly every day. We were featured in a district SEL video. We have an SEL book study and sharing sessions on certain Fridays. We have done Hip Hop Yoga afterschool for kids and parents, we hosted Field day the last day before spring break. We also were a full participant in the Brighter Bites program and even did tasting for parents and kids each week. We had a 30 minute faculty fitness activity at our staff development day. Our teachers have played against our students in the Volleyball unit, and we held our very own marathon Kids kickoff.