METZ ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Martha Castillo

Physical education teacher: Eduardo Sanhueza

CSH team member: Roxanna Rodriguez

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Metz Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH I MPLEMENTATION SUMMARY	2016-2017	2017-2018
CSTIMPLEVIENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	56	64
Coordinated School Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale⁴⁸ was based on identified activities that support coordinated

Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item Implementation Inventory

CSH Implementation	Metz Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATOH/ Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff		

Metz Response %Yesat All Hementary Schools

Nutrition

Brain Breaks	Metz Response	%Yesat All Elementary Schools
The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): n/a	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	75%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

		%Yesat All
	Metz Response	Elementary
Other Physical Activity Opportunities		Schools
The campus provided before-schooræle acts/it/6(t)1.oy/Opport(æ)-3.nit3)		

Parent and Community Participation

MetzResponse

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Metz Bementary				Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	54%	43%	49%	Decreased	57%
Aerobic Capacity	52%	38%	52%	Stayed the same	71%
Curl-Ups	60%	32%	60%	Stayed the same	75%
Push-Ups	56%	39%	56%	Stayed the same	66%
St and Reach	86%	64%	86%	Stayed the same	69%
Trunk Lift	43%	61%	43%	Stayed the same	78%

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information -