

MENDEZ MIDDLE SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

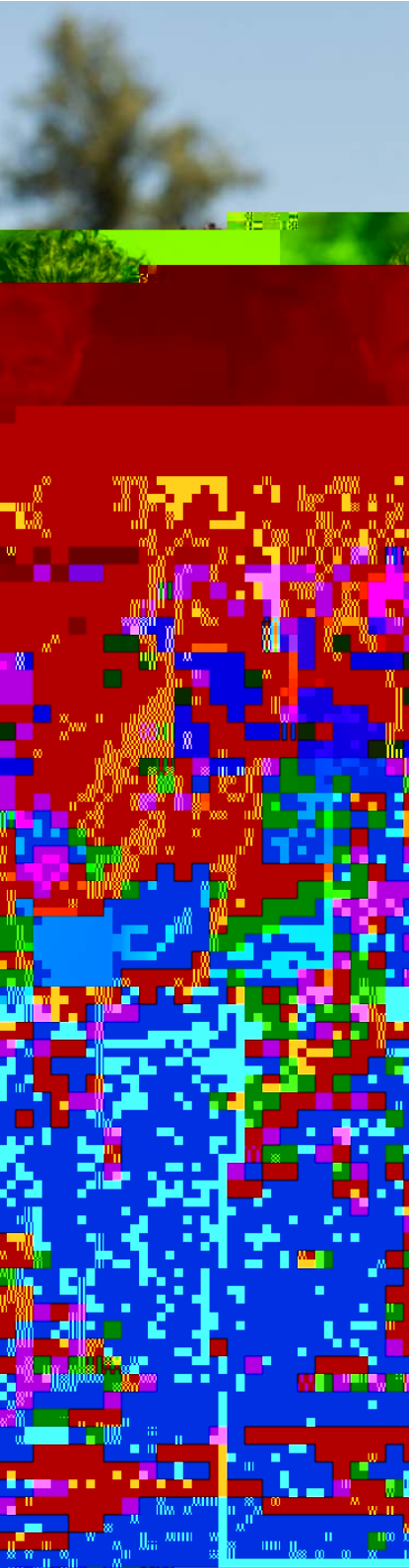
Principal: Kathy Ryan

Physical education teacher: Amity Washington

CSH team member: Rocky Medrano

Results

Coordinated School Health (CSH) Program implementation data were collected



Coordinated School Health Item Implementation Inventory

Implementation of PE

	Mendez Response	% Yes All Middle Schools
CSH Implementation		
* Campus students and staff participated in the Department's district-wide for CSH Kick-Off Week in September.	Yes	89%
* Campus staff implemented the Board-adopted CSH CATCH,	Yes	100%
* Campus staff used the CATCH Code of Conduct (throughout the school year.	Yes	95%
* Students were taught the Sexuality and Responsibility during science class (unless the parents signed an opt-out form).	Yes	100%
* CATCH lessons were taught in other identified area.	Yes	100%
Campus students and staff participated in Anti-Tobacco Week in the month of November.	Yes	100%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	95%
Campus students and staff participated in Breakfast Week in the month of March.	Yes	89%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	89%
The CSH Chair provided training for teachers regarding CSH initiatives for the campus.	Yes	79%
The Student Wellness Team was given opportunities to address physical activity to their	No	84%
Other (please specify):	Yes	47%
Nutrition		
* The campus did not provide students access to food or Nutritional Value (FMNV) (including candy or food rewards) during the school day.	Yes	100%
* The campus did not sell food or beverages during the school day.	Yes	100%
* Healthy options were available when food/beverages were served at meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages were provided at campus events during the school day.	Yes	100%
* Students and parents had access to healthy foods/beverages were served at after-school events/activities.	Yes	100%
* Vending machines located in campus were turned off during meal times.	Yes	100%
The campus provided integrated education-based opportunities (e.g. garden, farm stand, farm to work, cooking classes, etc.)	Yes	95%
Other (please specify):	Yes	63%
How many food-related fundraisers did your campus sponsor outside the school year?	3 or more (See Figure 2)	

Source. 2016-2017 Coordinated School Health data collection.

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 2

Over 40% of campuses minimized the number of food-related fundraisers they sponsored in 2016-2017



Source. 2016-2017 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Mendez Response	% Yes All Middle Schools
The CSH chair provided staff training on how to implement Brain Breaks and locate Brain Break resources.	Yes.	89%
The classroom teachers provided opportunities for students to lead brain activities during class time.	No	89%
At least one Campus Improvement Plan goal this year was related to student brain breaks.	Yes	74%
Other (please specify):	Yes	53%
Approximately what percentage of classroom teachers use brain breaks at least once each day?		

Parent and Community Participation