

# MENCHACA ELEMENTARY 2017-2018 Coordinated School Health Report

Principal: eliza loyola Physical education teacher: andrew carroll CSH team member: haley piotroski, karent varty

Results

Coordinated School Health (CSH) Progra

## Coordinated School Health Item Implementation Inventory

Implementation of PE	Menchaca Response	%YesatAl Bementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVP).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEtexcher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the ASD Special Area Sandards of Service.	Yes	100%
* All Reteachers followed the district Recurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices.	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including FitnessGraminformation.	Yes	83%
Other (please specify):	Nb	47%

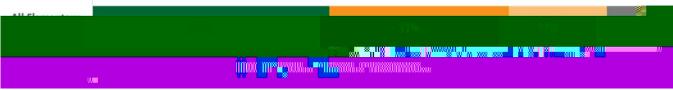
CSH1mplementation	Menchaca Response	%YesatAll Elementary Sthools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Nb	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	

Nutrition	Menchaca Response	%YésatAl Elementary Sthools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food reverds) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	No	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify): chicken coop - students took eggs home	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(SæFigure2)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Menchaca Response	%YesatAll Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNocolle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Ran.	No	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify):	No	38%
Approximately what percentage of dassroom teachers are registered and using Go Noodle activities at least one time every day?	75%	(SæFigure3)

Figure 3

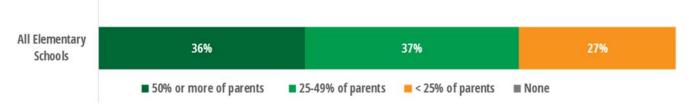
At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

	Menchaca	%Yesat All
Parent and Community Participation	Response	<b>HementaryShools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Coud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Nb	77%
Other (please specify): pta supported all activities with healthy snacks	Yes	35%
Approximately how many parents participated in the OATCH Family Fun Night at your campus?	20% of parents	(SæFigure4)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

#### Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

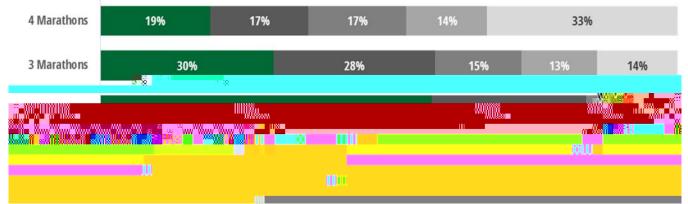


Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Menchaca	%Yesat Al
Marathon Participation	Response	<b>HementaryShools</b>
What percentage of K5 students completed the equivalent of one marathon?	51-75%	(SæFigure5)
What percentage of K5 students completed the equivalent of two marathons?		(SæFigure5)
What percentage of K5 students completed the equivalent of three marathons?	25%	(SæFigure 5)
What percentage of K5 students completed the equivalent of four marathons?	Fewer than 25%	(SæFigure5)

#### Figure 5

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

### FITNESSGRAM RESULTS

## OHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Menchaca Bementary			Average		
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Eementary 2018 Final
BMI	52%	55%	55%	Increased	57%