

MCCALLUM HIGH

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Mike Garrison

Physical education teacher: Lorie Campbell

CSH team member: Ray Amaro, Katie Faehl

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that McCallum High School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017 SCORE/RATING	2017-2018 SCORE/RATING
Total achieved (of 12) required	12	12
Total achieved (of 57) supplemental	45	50
Coordinated School Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale¹² was based on identified activities that support coordinated school health efforts. There were 12 required and 57 supplemental opportunities for high school campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. McCallum High School achieved 12 required and 50 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related

Coordinated School Health Item Implementation Inventory

Implementation of PE	McCallum Response	% Yes at All High Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram who were enrolled in a PE course or PE substitution.	Yes	93%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%

McCallum % Yes at All
Response High Schools

CSH Implementation

McCallum
Response % Yes at All
High Schools

Brain Breaks

The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	McCallum High School				Average High School 2018 Final
	2017 Final	2018 Diagnostic	2018 Final	2017 Final to 2018 Final Change*	
BMI	68%	65%	70%	Increased	63%
Aerobic Capacity	69%	46%	71%	Increased	63%
Curl-Ups	92%	84%	88%	Decreased	87%
Push-Ups	79%	63%	80%	Increased	79%
Sit and Reach	81%	67%	84%	Increased	76%
Trunk Lift	89%	73%	71%	Decreased	86%

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information – it was not calculated from the scores.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

McCallum campus has been changed in SEL and we utilize those practices in our lesson plans. We are NO PLACE FOR HATE campus. In PE our students