MCBEE ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Maggie De La Rosa

Physical education teacher: Marcia Casas

CSH team member: Irma Sanchez

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Mcbee Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	73	64

C3H Implementation	Mobee Response	%Yesat Al Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATO+Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATOH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all descroom teachers' staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Other (please specify):	Nb	42%
(unless the parents signed an opt-out form). * All dassroom teachers followed the district's Health curriculum. Other (please specify):	Yes Yes No	98% 96% 27%
Working Out for Wellness (WOW)		2,70
* All dassroom teachers followed the campus WOWschedule (20 minutes) to meet the 135 minutes of structured physical activity per week	Yes	100%
* All dassroom teachers provided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%
The CSHOnair provided information to all staff about how to participate in Marathon Kids	Yes	100%
Cassroom teachers planned and implemented structured physical activities during WOW, which included Marathon Kids.	Yes	98%
Campus staff provided WOW activities inside during indement weather.	Yes	100%
The FEteacher trained students in 3rd 5th grade dasses to help lead WOW activities.	Yes	77%
Other (please specify):	Nb	36%

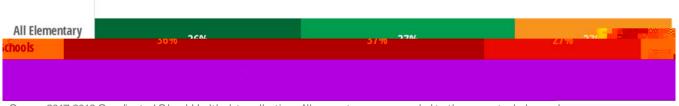
^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Nutrition	Mobee Response	%Yesat All Elementary Sthools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%

	Mobee	%YesatAll
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	Nb	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	50% or more of parents	(See Figure 4)

^{*} All items with an asterisk were required by the ALSD Department of Physical Education and Health to be implemented at each campus

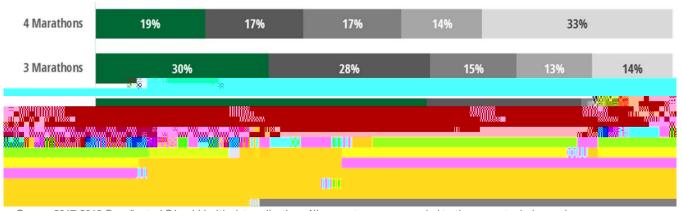
Figure 4
At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Mobee	%Yesat All
Marathon Participation	Response	Elementary Schools
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of two merathons?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of three marathons?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of four marathons?	76-100%	(See Figure 5)

Figure 5
The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Mobee Bernentary				Average
Fitness Area == Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	53%	51%	49%	Decreased	57%
Aerobic Capacity	73%	70%	81%	Increased	71%
Curl-Ups	79%	75%	81%	Incressed	7 5%
Push-Ups	77%	88%	93%	Incressed	66%
St and Reach	80%	82%	83%	Increased	69%
Trunk Lift					•