MATHEWS ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Grace Brewster

Physical education teacher: Steve Outlaw

CSH team member: Brett Egge

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Mathews Elementary School received a rating of **Recognized** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

C3H IMPLEMENTATION SUMMARY	2016-2017 STORE/ RATING	2017-2018 STORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	53	48

Coordinated School Health Item Implementation Inventory

Implementation of PE	Mathews Response	%Yesat All Bementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteocher(s) are certified in CPR(First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify):	Nb	47%
CSH Planning		
*The principal established a CSH team.	Yes	99%
The principal identified a CSH dhair.	Yes	99%
The CSH teaminduded teacher representatives from each grade level.	Nb	73%
The CSH teaminduded at least one administrator.	Yes	93%
The CSH teamind uded at least two students.	Yes	67%
The CSH teamind uded the cafeteria manager.	Yes	75%
Campus leadership identified funds to purchase and maintain CSH equipment for the dasaroom teachers to use during WOW time.	Yes	93%
The campus leadership established a Student Wellness Team (SVVT).	Yes	90%
Other (please specify):	Nb	38%

CSH Implementation	Mathews Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and PEDepartment's district-wide activity for CSHKidx-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATO+/ Family Fun Fitness Night.	Yes	100%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%

Nutrition	Mathews Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based apportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	No	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?		(See Figure 2)

Brain Breaks	Mathews Response	%YesatAll Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources	Nb	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (plexes specify): Brain Breaks and GoNoodle were modeled during school-wide assemblies and regularly used in classrooms.	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	100%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Acti

	Mathews	%Yesat All
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	50% or more of parents	(SæFigure4)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Mathews	%YesatAll
Marathon Participation	Response	Elementary Schools
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of two marathons?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of three marathons?	76-100%	(See Figure 5)
What is a respectively of I/E at indicate accordance that the part of facility according to 20	Fewer than	(900 Eq. 150 E)
What percentage of K5 students completed the equivalent of four marathons?	25%	(See Figure 5)

Figure 5

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.

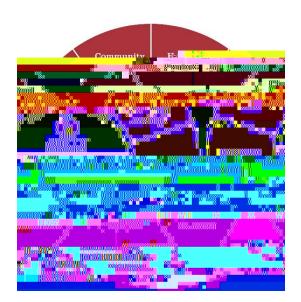
FITNESSGRAM RESULTS

Q-IANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Mathews Bementary			Average		
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	75%	69%	72%	Decreased	57%
Aerobic Capacity	98%	98%	97%	Decreased	71%
Curl-Ups	100%	98%	98%	Decreased	75%
Push-Ups	93%	87%	74%	Decreased	66%
St and Reach	96%	79%	78%	Decreased	69%
Trunk Lift	99%	90%	82%	Stayed the same	78%

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

From PK to 6th each cjild works in a campus garden. Our cafeteria participates in a farm to table program. We particiapte in breakfast in the classroom. Our CATCH nights include SEL professionals and activities headed up by our counselor.

