MAPLEWOOD ELEMENTARY SCHOOL

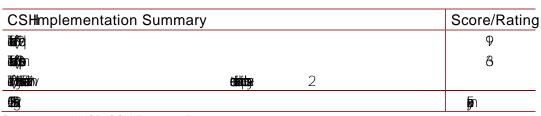
2016-2017 COORDINATED SCHOOL HEALTH REPORT

Principal: Vickie Jacobson

Physical education teacher: Marc Ellison CSH team member: MaryBeth Metcalf

Results

Coordinated School Health (CSH) a reduced menter (TEROS 4 Nove (10) e 3 9. 20 5 c 4 5 h) sic



Source. 2015 AISD CSH Program Report

The rating scale was based on identified activities support coordinated school health efforts. There were 19 required 80 supplemental opportunities for campuses to meet or exect the AISD CSH Programmandards. All campuses submitted enough data be rated. Maplewood Elemen



Coordinated School Health It em Implementation Inventory

Implementation	of PE			jaM Pa	9MA Isin Isi
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CSH Impleme	entation		ja M Fis	944A 45n 45a
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	(BANTOR)		8	8
			Ø	%
			8	86
			Ø	9%
	distributes.	statem &		%
Assembly	CSH chair provided fitness information	to students regularly at daily Mornir	ng 🙀	%
Health Lessor				
			8	9 5
7446 V			×	%
health and w	CSH Chair and Counselor brought in corvellness instruction to intermediate students		al 😸	%

Working Out for Wellness (WOW)

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Nutrition			þM Fi	944A 15n 16
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<u> </u>			×	9 6
	Peace Fest (each nine weeks) e	emphasized healthy fruit snacks rather than	8	%
FMNV. Brain Breaks	8	emphasized healthy fruit snacks rather than		
6 6	\ <u>\</u>		R	9
			8	%
			R	86
*************************************		ed at Morning Assembly (deep breathing,		
	exercising in place, etc.)	at at morning resonary (deep breathing,	R	2
		CHATCHE)		
		30	%	6

^{*} All items with an asterisk were required by the AISD Departinehtysical Education and Health to be implemented at explasca

Figure 2
At 93% of elementary campuses% or more of the classroom teachers registered and using Go Noodle activities at least one time every day. At 19% of campuses% of teachersere using Go Noodle at least one time every day.

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Oth an Disco	sical Activity Comparts with a		jaM F3	A be n a
Other Phys	sical Activity Opportunities	/ dano	N	6
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₩ 9	Mustang Stampede Fun	Run	8	%
	ijinitte	Sportings	8	% %
69 4			8	%
	ilitatio/		₩	%
	Posted NEW CATCH Pos	ters in school	8	26
Parent and	d Community Participation			
			Ř	%
1			×	%
		Ø	%	
	PTA supports and spons	ors Mustang Stampede	8	%
		ă		

Figure 4

The majority of students across AISD elementary **school** leted at least one marathon, and 19% of elementary schools reported that 6-100% of their students mpleted the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health diatem.cAllquercentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE INEALTH TITNES ZONE (HFZ) FROM PRIOR TOURRENTEAR PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORIA

Fitness Area Tested	Maplewood 2016 Final	Maplewood 2017 Final	Maplewood 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Maplewood 2017 Final to All Elementary Final
BMI	9 %	%		% 6	
Aerobic Capacity	2 6	86		% £	t a
Curl-Ups	%	5 %		% §	b
Push-Ups	%	%		% §	±a de la companya de
Sit and Reach	%	%		%	[a]
Trunk Lift	%	%		% 6	

Source. 2016-2017 Elementary Coordinated School Health data collection.

^{*} Campuses provided change informationwas not calculated from the scores.