

MAPLEWOOD ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

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Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Maplewood Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

2016-2017 SoneORED 10.98 423.84 483.18 T.O ToATION oneORED

Coordinated School Health Item Implementation Inventory

Implementation of PE	Meplewood Response	%Yesat Al Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVP4).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CFR/First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All FEtezahersfollowed the district FEcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	100%
The FEtezcher(s) maintained the required FEinventory and materials	Yes	100% Yes 02 TROOM

CSH1mplementation	Maplewood Response	%YesatAll Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themeseach grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Weak in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH Family Fun Fitness Nght.	Yes	100%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers' staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical adivity to their pears.	Yes	88%
Other (please specify): National PE Week, Walk and Bike to School Days, Safe Routes to School Team, Healthy Field Day, Jump Rope for Heart, Dance classes during school day, Active transport to school with COA Hub cards		

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Nutrition	Maplewood Response	%YesatAl Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Cher (please specify): Campus garden provided food for cafeteria; Cafeteria offered several opportunities for students to sample "new" vegetable options	Yes	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(SæFigure2)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.

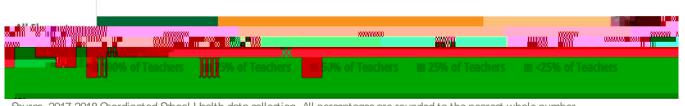


Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Maplewood Response	%YesatAll Elementary Sthools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and	Yes	91%
GoNoodle resources. At least 1 brain break goal was identified in the Campus Improvement Ran.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	78%
Other (please specify): CLI activities at the beginning of Faculty and Staff meetings	Yes	38%
Approximately what percentage of dassroom teachers are registered and using Go Noodle adivities at least one time every day?	75%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Maplewood Response	%YesatAll Elementary Sthools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocolle).	Yes	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open g/m).	Yes	95%
The campus participated in the ASD5th Grade Volleyball Rayday.	Yes	53%
The campus participated in the APER Cross Country Run.	Yes	31%
Oher (please specify): Family Fun Run "Mustang Stampede"; Staff yoga after school	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	73%
Other (please specify): Campus gardens for all classrooms; Served beets grown in school gardens in cafeteria	Yes	48%

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FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM P