

LANGFORD ELEMENTARY 2017-2018 Coordinated School Health Report

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Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Langford Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

 2016-2017
 2017-2018

 Score/ Rating
 Score/ Rating

Coordinated School Health Item Implementation Inventory

Implementation of PE	Langford Response	%YesatAl Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVP4).	Yés	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEtexcher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteechersfollowed the district PEcurriculum and assessments.	Yes	100%
FEtexcher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. proj		

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CSH1mplementation	Langford Response	%YesatAl Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themeseach gradingperiod.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH' Family Fun Fitness Night.	Yes	100%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Other (please specify):	No	42%
Health Lessons		
* Sudents were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	98%
* All dassroom teachers followed the district's Health curriculum	Yes	96%
Other (please specify):	No	27%
Working Out for Wellness (WOW)		
* All dassroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	100%
* All dæsroomteachersprovided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%

Spring 2018 Coordinated School Health Program Report

Nutrition	Langford Response	%YesatAll Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (induding candy or food reverds) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	3or 4	(SæFigure 2

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.

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Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Langford	%Yesat Al	
Parent and Community Participation	Response	HementarySchools	
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%	
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%	
There was at least one parent on the CSH team	Yes	77%	
Other (please specify):	Nb	35%	
Approximately the summer upgrante portiginated in the ONIC // English (Fire Night et) or a grant of	At least 5% of		
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	parents	(SæFigure4)	

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Langford	%Yesat Al
Marathon Participation	Response	HementaryShools
What percentage of K-5 students completed the equivalent of one marathon?	51-75%	(SæFigure5)
What percentage of K-5 students completed the equivalent of two marathons?	26-50%	(SæFigure5)
What percentage of K-5 students completed the equivalent of three marathons?	25%	(SæFigure 5)
What percentage of K-5 students completed the equivalent of four marathons?	0.25	(SæFigure5)

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Langford Bementary				Average
Fitness Area ⁻ Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Eementary 2018 Final