

# LANGFORD ELEMENTARY 2017-2018 Coordinated School Health Report

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#### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Langford Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

 2016-2017
 2017-2018

 Score/ Rating
 Score/ Rating

## Coordinated School Health Item Implementation Inventory

Implementation of PE	Langford Response	%YesatAl Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVP4).	Yés	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEtexcher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteechersfollowed the district PEcurriculum and assessments.	Yes	100%
FEtexcher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The FEteacher(s) used instructional technology (i.e. proj		

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CSH1mplementation	Langford Response	%YesatAl Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themeseach gradingperiod.	Yes	99%
Campus students and staff participated in Red Rbbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH' Family Fun Fitness Night.	Yes	100%
The FEDepartment Chair or the CSH teamprovided information or training for all dassroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Other (please specify):	No	42%
Health Lessons		
* Sudents were taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	98%
* All dassroom teachers followed the district's Health curriculum	Yes	96%
Other (please specify):	No	27%
Working Out for Wellness (WOW)		
* All dassroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	100%
* All dæsroomteachersprovided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%

Spring 2018 Coordinated School Health Program Report

Nutrition	Langford Response	%YesatAll Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (induding candy or food reverds) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	3or 4	(SæFigure 2

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

#### Figure 2

Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.

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			Bor4 ∎5orm	ore				

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Langford	%Yesat Al	
Parent and Community Participation	Response	<b>HementarySchools</b>	
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%	
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%	
There was at least one parent on the CSH team	Yes	77%	
Other (please specify):	Nb	35%	
Approximately the summer upgrante portiginated in the ONIC // English (Fire Night et ) or a grant of	At least 5% of		
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	parents	(SæFigure4)	

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Langford	%Yesat Al
Marathon Participation	Response	<b>HementaryShools</b>
What percentage of K-5 students completed the equivalent of one marathon?	51-75%	(SæFigure5)
What percentage of K-5 students completed the equivalent of two marathons?	26-50%	(SæFigure5)
What percentage of K-5 students completed the equivalent of three marathons?	25%	(SæFigure 5)
What percentage of K-5 students completed the equivalent of four marathons?	0.25	(SæFigure5)

### FITNESSGRAM RESULTS

## CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Langford Bementary				Average
Fitness Area ⁻ Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Eementary 2018 Final