

JOSLIN ELEMENTARY 2017-2018 Coordinated School Health Report

Principal: Patrick Aziz Physical education teacher: Karen Wright CSH team member: Summer McKinnon

Results

Coordinated School Health Item Implementation Inventory

Implementation of PE	Joslin Response	%YesatAll Elementary Sthools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVP4).	Yés	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CFR First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	

CSH Implementation

Joslin Response

Nutrition	Joslin Response	%YesatAll Elementary Sthools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	3 3 €	100%

Brain Breaks	Joslin Response	%YesatAll Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNocolle resources	Yés	91%
At least 1 brain break goal was identified in the Campus Improvement Ran.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify):	No	38%
Approximately what percentage of dassroom teachers are registered and using Go Nocolle activities at least one time every day?	75%	(SæFigure3)

Parent and Community Participation	Joslin Response	%YesatAll ElementarySchools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Goud.	Yes	98%
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	50%or more of parents	(SæFigure 4)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Marathon Participation	Joslin Response	%YesatAll ElementarySchools
What percentage of K-5 students completed the equivalent of one marathon?	76-100%	(See Firents

FITNESSGRAM RESULTS

_	Joslin Bementary			Average	
Fitness Area – Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Eementary 2018 Final
BMI	45%	48%	56%	Increased	57%
Aerobic Capacity	74%	65%	75%	Increased	71%
Curl-Ups	78%	51%	73%	Decreased	75%
Push-Ups	68%	62%	74%	Increased	66%
St and Reach	59%	36%	59%	Stayed the same	69%
Trunk Lift	70%	68%	63%	Decreased	78%

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Source. 2017-2018 Coordinated School Health data collection.

* Campuses provided change information - it was not calculated from the scores.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Our campus made many extra efforts to support CSH and Whole Child. Our student wellness team made clips to show during assemblies to talk about things they like to eat that are healthy, what activities they do outside of school to stay active. Our students made FlipGrid videos with goals on healthy lifestyles. Our campus/PTA has continued to add to our community food/butterfly gardens. Teachers meet through out the week, after school, to walk on the track or take body sculpting classes on Wednesday. Ghisallo Bike organization has come out during PE classes and provided after school