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## JORDAN ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Adriene Williams

Physical education teacher: Christopher Humphries

CSH team member: Christopher Humphries Jessica Foster Molly Rodgers

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Jordan Elementary School received a rating of **Recognized** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTIMINE MENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	60	46
Coordinated Sthool Health Rating	Exemplary	Recognized

Source. 2018 AISD CSH Program Report

The rating scale<sup>37</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Jordan Elementary School completed 19 required and 46 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

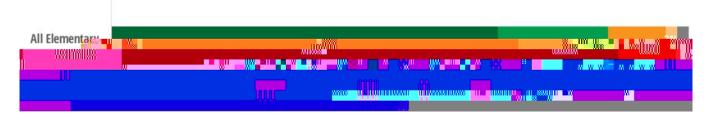
<sup>&</sup>lt;sup>37</sup> Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26 48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

## Coordinated School Health Item Implementation Inventory

Implementation of PE	Jordan Response	%Yesat All Elementary Schools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteocher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the ASD Special Area Standards of Service.	Yes	100%
* All FEteachers followed the district FEcurriculum and assessments.	Yes	100%
REteacher(s) followed the National REAppropriate Practices.	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify):	Nb	47%
C9H Planning		
*The principal established a CSH team.	Yes	99%
The principal identified a CSH dhair.	Yes	99%
The CSH team included teacher representatives from each grade level.	Nb	73%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	Yes	67%
The CSH team included the cafeteria manager.	Nb	75%
Campus leadership identified funds to purchase and maintain CSH equipment for the dassroom teachers to use during WOW time.	Yes	93%
The campus leadership established a Student Wellness Team (SVVI).	Yes	90%
Other (please specify):	Nb	38%

All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1
The majority of Elementary Coordinated School Health teams met 4 or more times this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Spring 2018 Coordinated School Health Program Report

Spring 2018 Coordinated School Health Program Report

Nutrition

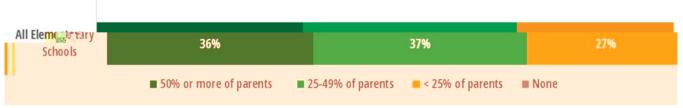
Jordan Response %Yésat All Elementary Schools

Brain Breaks

	<b>J</b> ordan	%YesatAll
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	No	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	25% of parents	(See Figure 4)

<sup>\*</sup> All items with an asterisk were required by the ALSD Department of Physical Education and Health to be implemented at each campus

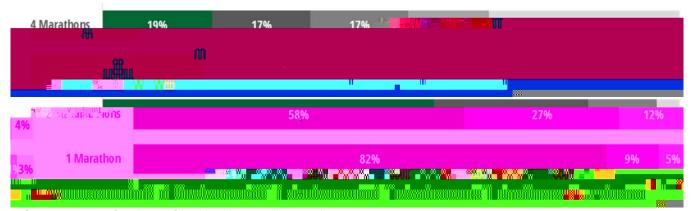
Figure 4
At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Jordan	%Yesat All
Marathon Participation	Response	Elementary Schools
What percentage of K-5 students completed the equivalent of one marathon?	26-50%	(Sæ Figure 5)
What percentage of K-5 students completed the equivalent of two marathons?	26-50%	(See Figure 5)
What percentage of K-5 students completed the equivalent of three marathons?	25%	(See Figure 5)
What percentage of K-5 students completed the equivalent of four marathons?	0.25	(See Figure 5)

Figure 5
The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

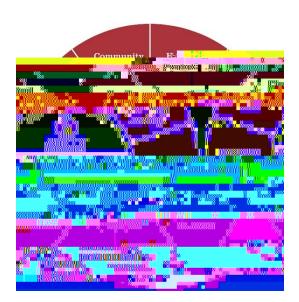
## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Jordan ⊟ementary			Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	65%	57%	56%	Decreased	57%
Aerobic Capacity	96%	93%	96%	Stayed the same	71%
Curl-Ups	97%	98%	97%	Increased	<b>7</b> 5%
Push-Ups	97%	94%	99%	Increased	66%
St and Reach	92%	91%	94%	Increased	69%
Trunk Lift	99%	98%	97%	Decreased	78%

Source. 2017-2018 Coordinated School Health data collection.

<sup>\*</sup> Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

