

HIGHLAND PARK ELEMENTARY SCHOOL

2016-2017 COORDINATED SCHOOL HEALTH REPORT

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Principal: 591 Coordinated School Health (CSH) Program data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Highland Park Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2016-2017. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student

Engagement for wellness and physical education (TECS46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
49	9
4	9
5	9

Source: 2015 AISD CSH Program Report

The rating scale³³ was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Highland Park Elementary School achieved 19 required and 59 supplemental items during the 2016-2017 school year.

One component of the supplemental criteria was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

³³ Rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items.



Coordinated School Health Implementation Inventory [†]

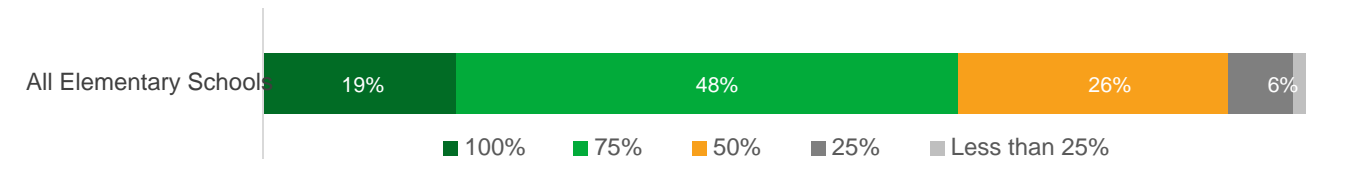
Implementation of PE				Current	Target
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes
Elementary	Intermediate	High School	Community	Yes	Yes

CSH Implementation				CSH P	CSH S
CSH				CSH	CSH
CSH				CSH	CSH
CSH	CSH			CSH	CSH
CSH		CSH		CSH	CSH
CSH				CSH	CSH
CSH	CSH			CSH	CSH
CSH				CSH	CSH

	Yes	No
Nutrition		
1. All elementary schools have a nutrition policy.	100%	0%
2. All elementary schools have a nutrition committee.	100%	0%
3. All elementary schools have a nutrition coordinator.	100%	0%
4. All elementary schools have a nutrition assessment.	100%	0%
5. All elementary schools have a nutrition plan.	100%	0%
6. All elementary schools have a nutrition curriculum.	100%	0%
7. All elementary schools have a nutrition training for staff.	100%	0%
8. All elementary schools have a nutrition training for students.	100%	0%
9. All elementary schools have a nutrition training for parents.	100%	0%
10. All elementary schools have a nutrition training for community.	100%	0%
11. All elementary schools have a nutrition training for vendors.	100%	0%
12. All elementary schools have a nutrition training for all staff.	100%	0%
13. All elementary schools have a nutrition training for all students.	100%	0%
14. All elementary schools have a nutrition training for all parents.	100%	0%
15. All elementary schools have a nutrition training for all community.	100%	0%
16. All elementary schools have a nutrition training for all vendors.	100%	0%
17. All elementary schools have a nutrition training for all staff and students.	100%	0%
18. All elementary schools have a nutrition training for all staff, students, and parents.	100%	0%
19. All elementary schools have a nutrition training for all staff, students, parents, and community.	100%	0%
20. All elementary schools have a nutrition training for all staff, students, parents, community, and vendors.	100%	0%
21. All elementary schools have a nutrition training for all staff, students, parents, community, vendors, and all other stakeholders.	100%	0%
Brain Breaks		
22. All elementary schools have a brain break policy.	100%	0%
23. All elementary schools have a brain break committee.	100%	0%
24. All elementary schools have a brain break coordinator.	100%	0%
25. All elementary schools have a brain break assessment.	100%	0%
26. All elementary schools have a brain break plan.	100%	0%
27. All elementary schools have a brain break curriculum.	100%	0%
28. All elementary schools have a brain break training for staff.	100%	0%
29. All elementary schools have a brain break training for students.	100%	0%
30. All elementary schools have a brain break training for parents.	100%	0%
31. All elementary schools have a brain break training for community.	100%	0%
32. All elementary schools have a brain break training for vendors.	100%	0%
33. All elementary schools have a brain break training for all staff.	100%	0%
34. All elementary schools have a brain break training for all students.	100%	0%
35. All elementary schools have a brain break training for all parents.	100%	0%
36. All elementary schools have a brain break training for all community.	100%	0%
37. All elementary schools have a brain break training for all vendors.	100%	0%
38. All elementary schools have a brain break training for all staff and students.	100%	0%
39. All elementary schools have a brain break training for all staff, students, and parents.	100%	0%
40. All elementary schools have a brain break training for all staff, students, parents, and community.	100%	0%
41. All elementary schools have a brain break training for all staff, students, parents, community, and vendors.	100%	0%
42. All elementary schools have a brain break training for all staff, students, parents, community, vendors, and all other stakeholders.	100%	0%

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 2
 At 93% of elementary campuses, 53% or more of the classroom teachers are registered and using Go Noodle activities at least one time every day. At 19% of campuses, 100% of teachers were using Go Noodle at least one time every day.



Source. 2016-2017 Elementary Coordinated School Health Data. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities

Other Physical Activity Opportunities	2016-2017	2017-2018
	4	5
	4	5
	4	5
HP Turkey Trot, HP Archery Team to State and Nationals, HP Lacrosse Team, yoga	4	5

School Health Environment

School Health Environment	2016-2017	2017-2018
	4	5
	4	5
	4	5
family volunteer opportunities in PE	4	5

Parent and Community Participation

Parent and Community Participation	2016-2017	2017-2018
	4	5
	4	5
Scottie on the Move PTA committee	4	5
	4	5
	4	5
	4	5
	4	5

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.

Source. 2016-2017 Elementary Coordinated School Health Data. All percentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM