

HARRIS ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Monica Martinez

Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item Implementation Inventory

C3H Implementation	Harris Response	%Yesat All Elementary Sthools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* C3-I chair forwarded the CATC+I Coordination Kit Newsletter and other C3-I information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all descroom teachers staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given apportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Oher (please specify): At morning assembly all grade levels participated in workouts lead by the coach.	Yes	42%
(unless the parents signed an opt-out form). * All degrees teachers followed the district's Health a grid up.		
(unless the parents signed an opt-out form).	Yes	98%
* All dassroom teachers followed the district's Health curriculum.	Yes	96%
Other (please specify): Coach led a professional development session - access to health lessons.	Yes	27%
Working Out for Wellness (WOW)		
* All dæsroomteachersfollowed the campus WOWschedule (20 minutes) to meet the 135 minutes of structured physical activity per week	Yes	100%
* All dassroom teachers provided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%
The CSH Chair provided information to all staff about how to participate in Marathon Kids	Yes	100%
Cassroom teachers planned and implemented structured physical activities during WOV, which included Marathon Kids.	Yes	98%
Campus staff provided WOWadivities inside during indement weather.	Yes	100%
		77%
The PEteacher trained students in 3rd 5th grade dasses to help lead WOW activities.	Yes	11/0

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Nutrition	Harris Response	%YesatAll Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify): Our PSS conducted Nutrition classes and Kellogg Foundation supported the parents with outside nutritional resources.	Yes	43%
Howmany food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(Sæ Figure 2)

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2 Only 41% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Harris Response	%Yesat All Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): Hops Sports	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	75%	(SæFigure3)

Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Harris Response	%YesatAll Elementary Sthools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	Nb	60%
The campus provided after-school physical activity apportunities (i.e. running dub or open gym).	Yes	95%

Parent and Community Participation

Harris Response

%Yesat All Hementary Sthools

* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Harris ⊟ementary				Average		
Fitness Area == Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final	
BMI	53%	46%	49%	Decreased	57%	
Aerobic Capacity	84%	<30%	41%	Decreased	71%	
Curl-Ups	50%	<30%	52%	Increased	7 5%	
Push-Ups	70%	<30%	60%	Decreased	66%	
St and Reach	81%	<30%	46%	Decreased	69%	
Trunk Lift	79%	<30%	35%	Decreased	78%	

Source. 2017-2018 Coordinated School Health data collection.

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE C

^{*} Campuses provided change information – it was not calculated from the scores.