

Principal: Tisha Brown

Physical education teacher: Bailey Henderson

CSH team member: Erin Sapp

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Gullett Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

2016-2017

2017-2018

SCORE/ RATING SCORE/ R

## Coordinated School Health Item Implementation Inventory

Implementation of PE	Gullett Response	%Yesat All Elementary Sthools
* PEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
(*AN decas 85)% of (fin 5 (stooderigs 8000s as) a statutilista) Fitin 603 (stooderigs 8000s as) a statutilista as statutilista	Yes	100%
* PEteacher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices.	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials.	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify):	Nb	47%

CSH1mplementation	Gullett Response	%Yesat All Elementary Sthools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCHCoordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	YesYes	

Nutrition	Gullett Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
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Other (please specify): we have run kona ice away many times

Brain Breaks	Gullett Response	%YesatAll Elementary Schools
The CSH drair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
Other (please specify): mindfulness also	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	75%	(See Figure 3)

Figure 3
At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Gullett Response	%Yesat All Bernentary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Noodle).	No	60%
The campus provided after-school physical activity apportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade Volleyball Playday.	Yes	53%
The campus participated in the AFFR Cross Country Run.	Yes	31%
Other (please specify): fun runs at our school	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	73%
Other (please specify): posted in cafe	Yes	48%

	Gullett	%Yesat All
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%

Spring 2018 Coordinated School Health Program Report