

# GARZA INDEPENDENCE

## 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Linda Webb

Physical education teacher: Stephanie Cisneros

CSH team member: Mamie Hickerson

### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Garza Independence School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY

2016-2017

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## Coordinated School Health Item Implementation Inventory

	Garza Response	% Yes at All High Schools
<b>Implementation of PE</b>		
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	100%
At the beginning of each PE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for class.	Yes	100%
Other (please specify):	No	43%
<b>CSH Planning</b>		
The principal established a CSH team.	Yes	93%
The principal identified a CSH chair.	Yes	93%
The CSH team included teacher representatives from each grade level.	No	64%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	No	79%
The CSH team included the cafeteria manager.	Yes	71%

<b>CSH Implementation</b>	<b>Garza Response</b>	<b>% Yes at All High Schools</b>
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	100%
Campus students and staff participated in Red Ribbon Week in November.	No	86%
Campus students and staff participated in Healthy Heart Week in February.	No	86%
Campus students and staff participated in School Breakfast Week in March.	Yes	100%
The PE Department Chair or the CSH team provided information or training for all classroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	93%
Students were informed of health and wellness services on their campus and in their community.	Yes	100%
The Student Wellness Team was given opportunities to advocate for nutrition and physical activity to their peers.	Yes	100%
Other (please specify):	No	50%

<b>Nutrition</b>		
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	100%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	100%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	100%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm		

	Garza Response	% Yes at All High Schools
<b>Brain Breaks</b>		
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	93%
At least 1 brain break goal was identified in the Campus Improvement Plan.	No	86%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	93%
The classroom teachers provided opportunities for students to lead brain break activities during class time.	Yes	93%
Other (please specify):	No	50%

<b>Other Physical Activity Opportunities</b>		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or open weight room).	Yes	100%
The campus provided after-school physical activity opportunities (i.e. running club, open gym, or open weight room).	Yes	100%
The campus provides lunch time physical activity opportunities (i.e. open weight gym, open weight room).	Yes	93%
Other (please specify):	No	43%

<b>School Health Environment</b>		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	100%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	100%
Campus staff sent nutrition and physical activity information to parents.	Yes	79%
Campus staff posted nutrition and physical activity information on the campus website.	Yes	57%
Campus staff posted health and wellness service information on the campus website.	Yes	71%
Other (please specify):	No	50%

**Parent and Community Participation**

Campus has a Healthy Lifestyle chairperson

PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT: