

GARCIA YOUNG MEN'S LEADERSHIP ACADEMY

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Sterlin McGruder

Physical education teacher: Larry Morrison

CSH team member: Julio Villaneda

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The

Coordinated School Health Item Implementation Inventory

Implementation of PE	Garcia Response	% Yes at All Middle Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
* All 8th graders have completed 4 semesters of PE or PE substitution	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the required PE inventory and materials.	No	95%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	100%
At the beginning of each PE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for class.	Yes	100%
Other (please specify): All students of Garcia YMLA were taught CPR	Yes	53%

CSH Planning

*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included teacher representatives from each grade level.	Yes	95%
The CSH team included at least one administrator.	Yes	100%
The CSH team included at least two students.	Yes	79%
The CSH team included the cafeteria manager.	Yes	89%
The campus leadership established a Student Wellness Team (SWT).	Yes	79%
Campus leadership purchased CSH equipment for before- and after-school physical activity programs or opportunities (i.e. advisory, intramurals, and/or lunch, excluding athletics).	No	95%
Other (please specify): CSH used PE equipment and students own personal equipment for intramurals before school & during lunch	Yes	53%
How many times did the CS CSH 40c45(uITc-.000 1A)J-By Tr0 g.0009 Tc-.00 1 0 Tcw20 Tc0 sulTc-.re.9(53c58yearCSH 40?TDt732.04e17Py times):6.2(Y2120 (107		

Nutrition	Garcia Response	% Yes at All Middle Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	84%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	95%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	100%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking classes, etc.)	Yes	100%
* Vending machines located in food service areas were turned off during meal times.	Yes	100%
Other (please specify): Whole Foods did a demonstration on healthy eating habits and alternative choices for healthy food/snacks. Culinary Arts Class prepared fruit smoothies for faculty and staff made by students from Wellness team.	Yes	47%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	1 or 2	(See Figure 2)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2

Only 22% of the middle schools refrained from sponsoring food-related fundraisers at their school this year.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Garcia Response	% Yes at All Middle Schools
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or open weight room).	Yes	89%
The campus provided after-school physical activity opportunities (i.e. running club, open gym, or open weight room).	Yes	95%
The campus provides lunch time physical activity opportunities (i.e. open weight gym, open weight room).	Yes	84%

School Health Environment

