

Coordinated School Health Item Implementation Inventory

Implementation of PE	Galindo Response	%Yesat All Elementary Schools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* FEteacher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All FEteachers followed the district FEcurriculum and assessments.	Yes	100%
PEteacher(s) followed the National PEAppropriate Practices.	Yes	100%
The PEteacher(s) maintained the required PEinventory and materials	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Other (please specify): Mr. Bennett follows all procedures and policies	Yes	47%
CSH Planning		
*The principal established a CS-I team.	Yes	99%
The principal identified a CSH chair.	Yes	99%

CSH Implementation	Galindo Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and REDepartment's district-wide activity for CSHKidk-Off Week in September	Yes	100%

^{*} CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.

Nutrition	Galindo Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yés	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%

^{*} Students and parents had access to healthy foods when

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	Galindo	%YesatAll
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	No	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	No	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	50% or more of parents	(See Figure 4)

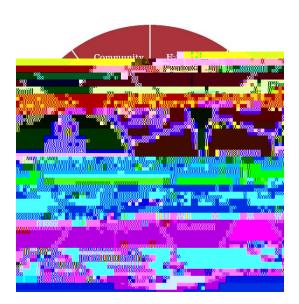
FITNESSGRAM RESULTS

Q-IANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Galindo Elementary			Average	
Fitness Area — Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	56%	54%	58%	Increased	57%
Aerobic Capacity	98%	98%	98%	Stayed the same	71%
Curl-Ups	91%	85%	92%	Increased	7 5%
Push-Ups	88%	84%	90%	Increased	66%
St and Reach	83%	85%	88%	Increased	69%
Trunk Lift	98%	100%	99%	Increased	78%

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Jump rope challenges during PE, after school running club participated in local 5 K races, Think Fitness Thursdays during announcements to challenge students.

