

DAVIS ELEMENTARY SCHOOL

2016-2017

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wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
19	4
56	5
2	
	5

Source: 2015 AISD CSH Program Report

The rating scale²³ was based on identified activities that support coordinated school health efforts. There were 19 required and 80 supplemental opportunities for campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Davis Elementary School achieved 19 required and 56 supplemental items during the 2016-2017 school year.

One component of the supplemental credit²³ was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

²³ Rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items.

Coordinated School Health Implementation Inventory [†]

Implementation of PE			P	A
1. PE is a required part of the school curriculum	2. PE is a required part of the school curriculum	3. PE is a required part of the school curriculum	4. PE is a required part of the school curriculum	5. PE is a required part of the school curriculum

CSH Implementation						CSH	SHA
Element	Element	Element	Element	Element	Element	Element	Element
Element 1	Element 2	Element 3	Element 4	Element 5	Element 6	CSH	SHA
Element 7	Element 8	Element 9	Element 10	Element 11	Element 12	CSH	SHA
Element 13	Element 14	Element 15	Element 16	Element 17	Element 18	CSH	SHA
Element 19	Element 20	Element 21	Element 22	Element 23	Element 24	CSH	SHA
Element 25	Element 26	Element 27	Element 28	Element 29	Element 30	CSH	SHA
Element 31	Element 32	Element 33	Element 34	Element 35	Element 36	CSH	SHA
Element 37	Element 38	Element 39	Element 40	Element 41	Element 42	CSH	SHA
Element 43	Element 44	Element 45	Element 46	Element 47	Element 48	CSH	SHA
Element 49	Element 50	Element 51	Element 52	Element 53	Element 54	CSH	SHA
Element 55	Element 56	Element 57	Element 58	Element 59	Element 60	CSH	SHA

Health Lessons						CSH	SHA
Element	Element	Element	Element	Element	Element	Element	Element
Element 1	Element 2	Element 3	Element 4	Element 5	Element 6	CSH	SHA
Element 7	Element 8	Element 9	Element 10	Element 11	Element 12	CSH	SHA
Element 13	Element 14	Element 15	Element 16	Element 17	Element 18	CSH	SHA

	Implemented	Not Implemented
Nutrition		
Provided water	Yes	Yes
Provided milk	Yes	Yes
Provided healthy snacks	Yes	Yes
Provided healthy beverages	Yes	Yes
Provided healthy lunch	Yes	Yes
Provided healthy breakfast	Yes	Yes
Provided healthy dinner	Yes	Yes
Provided healthy snacks during recess	Yes	Yes
Provided healthy snacks during lunch	Yes	Yes
Provided healthy snacks during breakfast	Yes	Yes
Provided healthy snacks during dinner	Yes	Yes
Provided healthy snacks during other times of the day	Yes	Yes
Implemented a 'share table' in the cafeteria	Yes	Yes

	Implemented	Not Implemented
Brain Breaks		
Implemented	Yes	Yes
Not Implemented	Yes	Yes
Implemented	Yes	Yes
Not Implemented	Yes	Yes
Implemented	Yes	Yes
Not Implemented	Yes	Yes

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 2
 At 93% of elementary campuses 53% or more of the classroom teachers are registered and using Go Noodle activities at least one time every day. At 19% of campuses 10% of teachers were using Go Noodle at least one time every day.

Source. 2016-2017 Elementary Coordinated School Health data coll

Other Physical Activity Opportunities				

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.

Source. 2016-2017 Elementary Coordinated School Health Data. All percentages are rounded to the nearest whole number

Fitnessgram Results

CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Davis 2016 Final	Davis 2017 Final	Davis 2016 to 2017 Change*	2017 All Elementary
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