

Principal: Amy Lloyd

Physical education teacher: Connie Arocho

CSH team member: Sherry Graham

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Cunningham Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results

Nutrition	Cunningham Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%

Brain Breaks	Curringham Response	%Yesat All Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
<b>Oher (plexespecify):</b> Counselor and PE teacher work together to lead the faculty meetings with Brain Breaks.	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	50%	(See Figure 3)

## Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Cunningham Response	%Yesat All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocolle).	Yes	60%
The campus provided after-school physical activity apportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the ASD5th Grade \dlleyball Playday.	Nb	53%
The campus participated in the A <del>APER</del> Cross Country Run.	Nb	31%
Other (please specify): AMrathon KId and Fuel Up all year long	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.  Other (please specify):	Yes	73%

	Cunningham	%Yesat All
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Nb	65%
There was at least one parent on the CS-Iteam.	Yes	77%
Other (please specify): '45 Fest Fun Run coordinated with parents and school	Yes	35%
Approximately how many parents participated in the CATCH Family Fun Night 9.6199.61 your campus?	50%or more of parents	(SæFigure 4)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

## Figure 4

At the majority of campuses, 25% or more of parents participated in the CATOH/ Family Fun Night at their campus.

## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Cunningham Bementary			Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI					'