# **CROCKETT HIGH**

# 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Kori Crawford Physical education teacher: Lorie Henry

# Coordinated School Health Item Implementation Inventory

Implementation of PE	Crockett Response	% Yes at All High Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram who were enrolled in a PE course or PE substitution.	Yes	93%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
PE teacher(s) followed the National PE Appropriate Practices.	Yes	100%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	100%
At the beginning of each PE course, parents were informed of units to be taught and assessed, FitnessGram information, and requirements for dressing out for class.	Yes	100%
Other (please specify): NA	Yes	43%

#### **CSH Planning**

The principal established a CSH team.	Yes	93%
The principal identified a CSH chair.	Yes	93%
The CSH team included teacher representatives from each grade level.	Yes	64%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	Yes	79%
The CSH team included the cafeteria manager.	No	71%
The campus leadership established a Student Wellness Team (SWT).	Yes	93%
Other (please specify): Health and Wellness Cadre (CSH team) - staff met every month, students met every week	Yes	50%
How many times did the CSH team meet this year?	4 or more times	(See Figure 1)

\* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

### Figure 1

Half of the high school Coordinated School Health teams met 4 or more times this year.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Crockett	% Yes at All
CSH Implementation	Response	High Schools
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick- Off Week in September.	Yes	100%
Campus students and staff participated in Red Ribbon Week in November.	Yes	86%
Campus students and staff participated in Healthy Heart Week in February.	Yes	86%

Brain Breaks	Crockett Response	% Yes at All High Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	93%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	86%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	93%
The classroom teachers provided opportunities for students to lead brain break activities during class time.	Yes	93%
Other (please specify): NA	Yes	50%
Other Physical Activity Opportunities		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or open	Yes	100%
weight room).		
weight room). The campus provided after-school physical activity opportunities (i.e. running club, open gym, or open weight room).	Yes	100%
The campus provided after-school physical activity opportunities (i.e. running club, open gym, or open weight	Yes Yes	100% 93%

## School Health Environment

Campus staff posted nutrition information in the school

### FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY