

Principal: Amy Gonzales

Physical education teacher: Tyler Shaw CSH team member: Casey Slattery

## Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Clayton Elementary School received a rating of **Unacceptable** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item

CSH1mplementation	Clayton Response	%Yesat <i>A</i> ll Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Nb	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATO-I/Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all dessroom teachers' staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Other (please specify): n/a	Nb	42%
(unless the parents signed an opt-out form).  * All dass room teachers followed the district's Health curriculum.  Other (please specify): n/a	No No	96% 27%
Working Out for Wellness (WOW)  * All dæsroomteachersfollowed the campus WOWschedule (20 minutes) to meet the 135 minutes of structured		
physical activity per week	Yes	100%
* All dassroom teachers provided 30 minutes of recess daily.	Yes	100%
The C3H Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	90%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	100%
Classroom teachers planned and implemented structured physical activities during WOW, which included Marathon Kids.	Yes	98%
Campus staff provided WOWadivities inside during indement weather.	Yes	100%
The PEteacher trained students in 3rd 5th grade dasses to help lead WOW activities.	Yes	77%
<b>Other (please specify):</b> Classroom teachers were highly encouraged to participate during WOW time, over 50% of teachers were active as well.	Yes	36%

<sup>\*</sup> All items with an asterisk were required by the AISD Department

Nutrition	Clayton Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods' beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Nb	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	No	43%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(See Figure 2)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

 $\label{eq:figure 2} \mbox{Only 41\% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.}$ 



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Clayton Response	%Yesat All Elementary Schools
The C3H chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%
<b>Oher (plexes specify):</b> Mindfulness PD was provided for teachers and many teachers engage their students in Mindfulness	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Noodle activities at least one time every day?	100%	(SæFigure3)

## Figure 3

At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Other Physical Activity Opportunities	Clayton Response	%Yesat All Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocolle).	Nb	60%
The campus provided after-school physical activity apportunities (i.e. running dub or open gym).	Nb	95%
The campus participated in the AISD5th Grade Volleyball Flayday.	Yes	53%
The campus participated in the AAPER Cross Country Run.	Nb	31%
Other (please specify): We had over 550 students participate in our annual Fun Run this year	Yes	59%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.  Campus staff sent nutrition and physical activity information to parents.	Yes Yes	95% 93%

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## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

**Gayton Bementary** 

Fitness Area Tested