

Coordinated School Health Item Implementation Inventory

| Implementation of PE | Bryker Woods Response | %Yesat All Elementary Sthools |
|--|-----------------------------|-------------------------------------|
| * FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA). | Yes | 100% |
| * At least 85% of the students were assessed for Fitnessgram. | Yes | 100% |
| * PEteacher(s) are certified in CPR/ First Aid and AED. | Yes | 99% |
| * Campus staff followed the AISD Special Area Standards of Service. | Yes | 100% |
| * All PEteochers followed the district PEcurriculum and assessments | Yes | 100% |
| PEteacher(s) followed the National PEAppropriate Practices. | Yes | 100% |
| The FEtexcher(s) maintained the required FEinventory and materials | Yes | 100% |
| The FEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week. | Yes | 96% |
| At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Gramin formation. | Yes | 83% |
| Other (please specify): UT Students observed and assisted with PE classes | Yes | 47% |
| CSH Planning | | |
| *The principal established a CSH team | Yes | 99% |
| The principal identified a CSH dhair. | Yes | 99% |
| The CSH teaminduded teacher representatives from each grade level. | Yes | 73% |
| The CSH teamind uded at least one administrator. | Yes | 93% |
| The CSH team included at least two students. | Yes | 67% |
| The C3H teamind uded the cafeteria manager. | Yes | 75% |
| Campus leadership identified funds to purchase and maintain CSH equipment for the dassroom teachers to use during WOW time. | | 93% |
| The campus leadership established a Student Wellness Team (SVVI). | Yes | 90% |
| Other (please specify): PTA funded recess/WOW equipment | Yes | 38% |
| C. C. (P. C. | | |

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Figure 1
The majority of Elementary Coordinated School Health teams met 4 or more times this year.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

| CSH1mplementation | Bryker Woods Response | %Yesat All Elementary Schools |
|---|-----------------------------|-------------------------------------|
| * Campus students and staff participated in the Health and REDepartment's district-wide activity for CSHKidk-Off Week in September. | Yes | 100% |
| * CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff. | Yes | 99% |
| * Campus staff implemented the CATCH Coordination Kit themes each grading period. | Yes | 99% |
| Campus students and staff participated in Red Ribbon Week in November. | Yes | 94% |
| Campus students and staff participated in Healthy Heart Week in February. | Yes | 98% |

| Nutrition | Bryker Woods Response | %Yesat All Elementary Schools |
|---|-----------------------------|-------------------------------------|
| * Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days). | Yes | 100% |
| * The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day. | Yes | 100% |

^{*} The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNN)

| | Bryker | %Yesat All |
|---|--------------|-------------------|
| | Woods | Elementary |
| Brain Breaks | Response | Sthools |
| The CSH dhair provided staff training this year on how to implement Brain Breaks and locate Brain Break and | \ 6 0 | 040/ |
| GoNbodle resources. | Yes | 91% |
| At least 1 brain break goal was identified in the Campus Improvement Plan. | Yes | |

| | Bryker Woods | %Yesat All |
|--|---------------------------|---------------------------|
| Parent and Community Participation | Response | Elementary Schools |
| * Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud. | Yes | 98% |
| Campus has a Healthy Lifestyle chairperson as an identified position on their PTA | Yes | 65% |
| There was at least one parent on the CSH team | Yes | 77% |
| Other (please specify): Parents volunteered with PE events and in classes | Yes | 35% |
| Approximately how many parents participated in the CATCH Family Fun Night at your campus? | 50% or more of parents | (See Figure 4) |

^{*} All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

Figure 4

At the majority of campuses, 25% or more of parents participated in the CATOH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

| | Bryker Woods | %Yesat All |
|---|--------------|------------------------------|
| Marathon Participation | Response | Hementary Schools |
| What percentage of K-5 students completed the equivalent of one marathon? | 76-100% | (See Figure 5) of one methon |

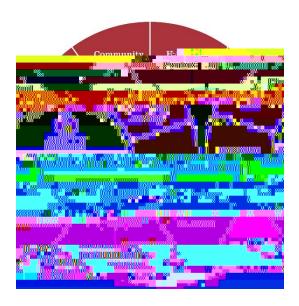
FITNESSGRAM RESULTS

Q-IANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

| Bryker Woods Elementary | | | Average | | |
|--------------------------|-------------|-----------------|------------|--|-------------------------|
| Fitness Area — Tested | 2017 Final | 2018 Diagnostic | 2018 Final | Change* from 2017 Final to 2018 Final | Bementary 2018 Final |
| BMI | 75% | 73% | 74% | Decreased | 57% |
| Aerobic Capacity | 89% | 82% | 82% | Decreased | 71% |
| Curl-Ups | 86% | 67% | 83% | Decreased | 7 5% |
| Push-Ups | 78 % | 45% | 76% | Decreased | 66% |
| St and Reach | 86% | 72% | 88% | Increesed | 69% |
| Trunk Lift | 97% | 97% | 97% | Stayed the same | 78% |

Source. 2017-2018 Coordinated School Health data collection.

^{*} Campuses provided change information – it was not calculated from the scores.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Second Grade hosted a "Health Fair" and invited community members to show children their health field. For example, there were doctors of medicine, Orange Theory Fitness representative, yoga instructor. Family tech night with community guest speaker on how parents can keep their children safe on their devices.

