

Principal: Veronica Sharp

Physical education teacher: Paula Bowen

CSH team member: Caroline Bloom



Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2017. The results indicated that Brown Elementary School received a rating of Exemplary for the CSH Program implementation in 2016–2017. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	19
Total achieved (of 80) supplemental	58
Total (of 6) Healthy Fitness Zones areas with “increased” status since the prior school year	2
2016-2017 CSH Rating	Exemplary

Source. 2015 AISD CSH Program Report

The rating scale¹⁴ was based on identified activities that support coordinated school health efforts. There were 19 required



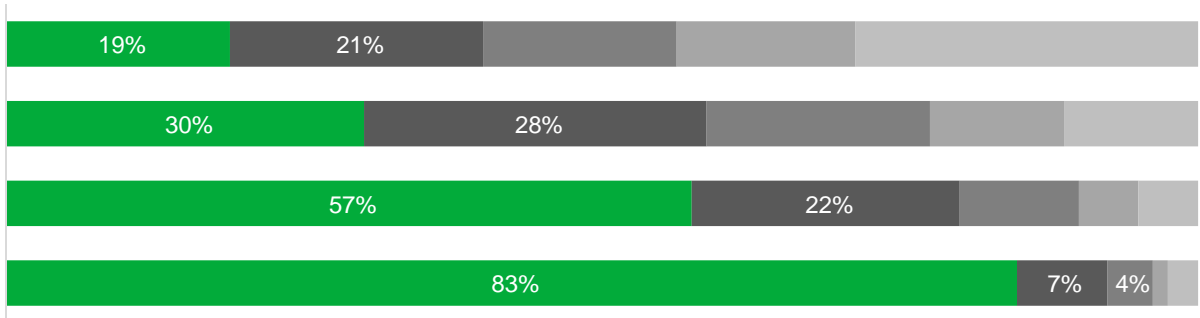
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Implementation of PE	Brown Response	% Yes at All Elementary Schools
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%

Nutrition

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health data collection. Percentages are rounded to the nearest whole number



CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Brown 2016 Final	Brown 2017 Final	Brown 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Brown 2017 Final to All Elementary Final
BMI	44%	43%	Decreased	57%	Less than
Aerobic Capacity	65%	86%	Increased	71%	Greater than
Curl-Ups	50%	48%	Decreased	75%	Less than
Push-Ups	39%	<30%	Decreased	67%	Greater than
Sit and Reach	77%	66%	Decreased	69%	Less than
Trunk Lift	88%	90%	Increased	78%	Greater than

Source. 2016-2017 Elementary Coordinated School Health data collection.

* Campuses provided change information was not calculated from the scores.