

BROWN ELEMENTARY

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Veronica Sharp

Physical education teacher: Paula Bowen CSH team member: Caroline Bloom

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Brown Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH I MPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTINUE DISTRICT SUIVINARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	58	71
Coordinated School Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale¹⁴ was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Brown Elementary School completed 19 required and 71 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

¹⁴ Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26 48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

Coordinated School Health Item Implementation Inventory

Implementation of PE	Brown Response	%YesatAll Elementary Schools
* FE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MNPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteacher(s) are certified in CPR/ First Aid and AED.	Yes	99%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PEteachers followed the district PEcurriculum and assessments.	Yes	100%
REteacher(s) followed the National REAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Gramin formation.	Yes	83%

Other (please specify):

C3HImplementation	Brown Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and PEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATOH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the C3-Iteamprovided information or training for all dassroom teachers staff regarding this year's C3-I initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given apportunities to advocate for nutrition and physical activity to their peers.	Yes	88%
Other (please specify): After school program implemented healthy lifestyle courses for students and parents.	Yes	42%
Health Lessons		
* Studentswere taught the Human Sexuality and Responsibility lessons during science dass in the month of May (unless the parents signed an opt-out form).	Yes	98%
* All dasarcom teachers followed the district's Health curriculum.	Yes	96%
Other (please specify): After school care program teaches health curriculum content through outside vendors (It's Time Texas)	Yes	27%

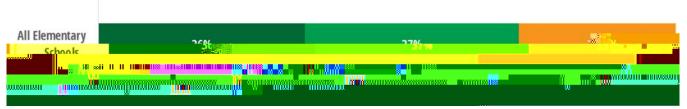
Nutrition	Brown Response	%Yesat All Elementary Schools
* Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):		

Brain Breaks	Brown Response	%Yesat All Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%

	Brown	%Yesat All
Parent and Community Participation	Response	Elementary Schools
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the C3-Iteam.	Yes	77%
Cher (plexe:specify): After school program and the parent support specialist partner to offer nutrition classes including label reading at Target and "How to eat healthy food on a budget". All participants received a cookbook.	Yes	35%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	15% of parents	(Sæ Figure 4)

^{*} All items with an asterisk were required by the ALSD Department of Physical Education and Health to be implemented at each campus

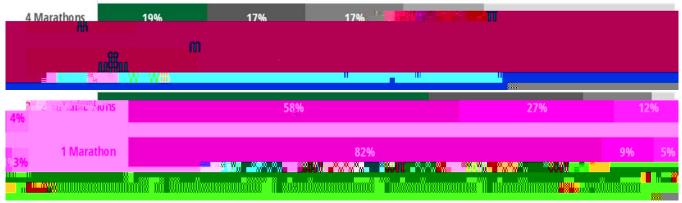
Figure 4
At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Brown	%Yesat All
Marathon Participation	Response	Elementary Schools
What percentage of K-5 students completed the equivalent of one marathon?	76-100%	(See Figure 5)
What percentage of K-5 students completed the equivalent of two marathons?	76-100%	(See Figure 5)
What percentage of K5 students completed the equivalent of three marathons?	51-75%	(See Figure 5)
What percentage of K5 students completed the equivalent of four marathons?	51-75%	(See Figure 5)

Figure 5
The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.