# BROOKE ELEMENTARY 2017-2018 COORDINATED SCHOOL HEALTH REPORT

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#### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Brooke Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTIMPLEMENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	56	50
Coordinated School Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale<sup>13</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or excfor 20784 .22745 scn1o7 1th

### Coordinated School Health Item Implementation Inventory

Implementation of PE

Brooke Response %Yesat All Elementary

C9-Hmplementation	Brooke Response	%Yesat All Elementary Sthools
* Campus students and staff participated in the Health and PEDepartment's district-wide activity for CSHKdk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCHCoordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATOH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all descroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Yes	

Nutrition	Brooke Response	%Yesat All Elementary Sthools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%

Brain Breaks

Brooke
Response

Sthools

	Brooke	%YesatAll
Parent and Community Participation	Response	<b>Elementary Schools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the CSH team.	Yes	77%
Other (please specify):	Nb	35%
Approximately how many parents participated in the CATCH Family Fun Night at your campus?	40% of parents	(See Figure 4)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

#### Figure 4

At the majority of campuses, 25% or more of parents participated in the CATCH/ Family Fun Night at their campus.

Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Brooke	%YesatAll
Marathon Participation	Response	Elementary Schools
What percentage of K5 students completed the equivalent of one marathon?	76-100%	(Sæ Figure 5)
What percentage of K-5 students completed the equivalent of two merathons?	51-75%	(Sæ Figure 5)
What percentage of K-5 students completed the equivalent of three marathons?	26-50%	(See Figure 5)
What percentage of K-5 students completed the equivalent of four marathons?	0.25	(SæFigure5)

Figure 5

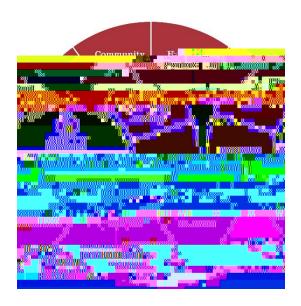
#### **FITNESSGRAM RESULTS**

Q-IANCE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

	Brooke ⊟ementary			Average	
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	44%	40%	39%	Decreased	57%
Aerobic Capacity	65%	49%	71%	Incressed	71%
Curl-Ups	35%	46%	39%	Increased	<b>7</b> 5%
Push-Ups	47%	33%	<30%	Decreased	66%
St and Reach	71%	63%	61%	Decreased	69%
Trunk Lift	62%	62%	52%	Decreased	78%

Source, 2017-2018 Coordinated School Health data collection.

<sup>\*</sup> Campuses provided change information – it was not calculated from the scores.



## PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

We use our campus sustainability theme to work the National Wildlife Federation Pathway of Healthy Living and Healthy Schools. We use our garden to cafe program to teach and motivate student to eat healthy. We continue to look for other way to increase out time outdoors through gardening with children.

