

## **BOONE ELEMENTARY**

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Spring 2018 Coordinated School Health Program Report

Coordinated School Health Item Implementation Inventory

CSH1mplementation	Boone Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKick-Off Week in September.	Yes	100%
* CSH dhair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Yes	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Nb	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all descroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers.	Nb	88%
Other (please specify):	Nb	42%

Health Lessons

Nutrition	Boone Response	%Yesat All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/ beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMN) (induding candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
he campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	91%
The campus provided integrated nutrition education-based apportunities (i.e. school garden, farmstand, farm to work, cooking dasses, etc.)	Yes	95%
Other (please specify):	Nb	43%
Hbwmanyfood-related fundraisers did your campus staff sponsor outside the school day this year?	1 or 2	(See Figure 2)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

 $\label{eq:figure 2} \mbox{Only 41\% of the elementary schools refrained from sponsoring food-related fundraisers at their school this year.}$ 



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Brain Breaks	Boone Response	%Yesat All Elementary Sthools
The C3H chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Nb	78%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	86%

	Boone	%YesatAll
Parent and Community Participation	Response	<b>Elementary Sthools</b>
* Parents were notified that they could request their child's Fitnessgram results on the Parent Cloud.	Yes	98%
Campushasa Healthy Lifestyle chairperson as an identified position on their PTA	Yes	65%
There was at least one parent on the C3-Iteam.	No	77%
<b>Oher (plexe specify):</b> Newsletter went home with instructions regarding how to access Fitnessgram results, and results were also sent home to parents who requested.	Yes	35%
Approximately how many parents participated in the CATO-1/Family Fun Night at your campus?	30% of parents	(See Figure 4)

<sup>\*</sup> All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus

## Figure 4

At the majority of campuses, 25% or more of parents participated in the CATOH/ Family Fun Night at their campus.

## FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY