

Principal: Leti Pena

Physical education teacher: Diana Schindler

CSH team member: Lori Moon

2017

2017

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2017

2017

CSH Program implementation in 2016–2017. Campus results will be

District's strategic scorecard and the House Bill 5 ratings, i.e., the S

Evaluation of Performance in Community and Student Engagemen

and physical education (TEC §46 (C) 39.0545).

CSH Implementation Summary	Score/Rating
Total achieved (of 19) required	19





	Blazier Response	% Yes at All Elementary Schools
Implementation of PE		
* PE teacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or more) Moderate to Vigorous Physical Activity (MVPA).	Yes	100%
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PE teacher(s) are certified in CPR/First Aid and AED.	Yes	100%
* Campus staff followed the AISD Special Area Standards of Service.	Yes	100%
* All PE lessons were based on district PE curriculum and assessments.	Yes	100%
The PE teacher(s) followed the National PE Appropriate Practices.	Yes	99%
The PE teacher(s) maintained the required PE inventory and materials.	Yes	100%
The PE teacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week.	Yes	93%
Each grading period PE teacher(s) informed parents what units were taught and assessed, including FitnessGram information.	Yes	81%
Other (please specify):	Yes	54%
CSH Planning		
*The principal established a CSH team.	Yes	100%
The principal identified a CSH chair.	Yes	100%
The CSH team included one teacher representative from each grade level.	Yes	79%
The CSH team included at least one administrator.	Yes	95%
The CSH team included at least two students.	Yes	64%
The CSH team included the cafeteria manager.	Yes	78%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teacher to use during WOW time.	Yes	95%
The campus leadership established a Student Wellness Team (SWT).	Yes	88%
Other (please specify):	Yes	

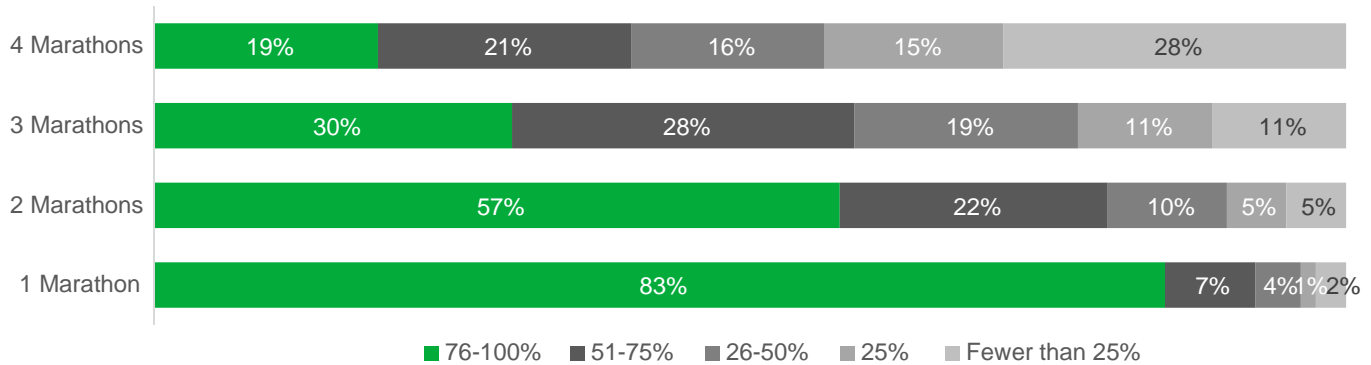
	Blazier Response	% Yes at All Elementary Schools
CSH Implementation		
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	Yes	98%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information each 9-weeks.	Yes	94%
* Campus staff implemented the CATCH Coordination Kit themes each 9-weeks.	Yes	93%
Campus students and staff participated in Tobacco Awareness Week in the month of November.	Yes	96%
Campus students and staff participated in Healthy Heart Week in the month of February.	Yes	99%
Campus students and staff participated in School Breakfast Week in the month of March.	Yes	86%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	99%
The CSH Chair provided training for all classroom teachers regarding of this year's CSH initiatives for the campus.	Yes	86%
Other (please specify):	Yes	54%
Health Lessons		
* All of the specified Sexuality and Responsibility lessons were taught during science class by classroom teachers, unless parents signed an opt-out form.	Yes	95%
* All classroom teachers followed the district's Health curriculum.	Yes	99%
Other (please specify):	Yes	46%
Working Out for Wellness (WOW)		
* All classroom teachers followed the campus WOW schedule (20 minutes) to meet the 135 minutes of structured physical activity per week.	Yes	98%
* All classroom teachers provided 30 minutes of recess daily.	Yes	99%
The CSH Chair provided beginning of year staff training on how to implement WOW and where to find WOW resources.	Yes	95%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	99%
The campus used designated PE teacher activities, games, resources in addition to participating in Marathon Kids.	Yes	95%
Campus staff provided WOW activities during inclement weather.	Yes	99%
The PE teacher trained students in 3rd - 5th grade classes to help lead WOW activities.	Yes	70%
Other (please specify):	Yes	48%

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Nutrition	Blazier Response	% Yes at All Elementary Schools
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	98%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff did not provide students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	98%
* The campus did not sell food or beverages for		

Figure 4

The majority of students across AISD elementary schools completed at least one marathon, and 19% of elementary schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health data collection. Percentages are rounded to the nearest whole number



CHANGE IN HEALTH FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Fitness Area Tested	Blazier 2016 Final	Blazier 2017 Final	Blazier 2016 to 2017 Change*	2017 All Elementary Final Average	Comparison of Blazier 2017 Final to All Elementary Final
BMI	59%	54%	Decreased	57%	Less than
Aerobic Capacity	68%	64%	Decreased	71%	Less than
Curl-Ups	82%	89%	Increased	75%	Greater than
Push-Ups	60%	58%	Decreased	67%	Less than
Sit and Reach	73%	76%	Increased	69%	Greater than
Trunk Lift	82%	80%	Decreased	78%	Greater than

Source. 2016-2017 Elementary Coordinated School Health data collection.

* Campuses provided change information was not calculated from the scores.

AUSTIN INDEPENDENT SCHOOLS DISTRICT

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