BARTON HILLS ELEMENTARY

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Kati Achtermann

Physical education teacher: Courtney Perry

CSH team member: Jennifer Pollard

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Barton Hills Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District's strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017	2017-2018
CONTIMPLEMENTATION SUMMARY	SCORE/ RATING	SCORE/ RATING
Total achieved (of 19) required	19	19
Total achieved (of 77) supplemental	70	70
Coordinated School Health Rating	Exemplary	Exemplary

Source. 2018 AISD CSH Program Report

The rating scale⁶ was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Barton Hills Elementary School completed 19 required and 70 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students' overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

Coordinated School Health Item Implementation Inventory

Implementation of PE	Barton Hills Response	%YesatAll Elementary Schools
* FEteacher(s) planned and implemented physical education lessons on a weekly basis that included 50% (or	Yes	100%
more) Moderate to Vigorous Physical Activity (MVPA).		
* At least 85% of the students were assessed for Fitnessgram.	Yes	100%
* PEteocher(s) are certified in CPR First Aid and AED.	Yes	99%
* Campus staff followed the ASD Special Area Standards of Service.	Yes	100%
* All FEteachers followed the district FEcurriculum and assessments.	Yes	100%
FEteacher(s) followed the National FEAppropriate Practices	Yes	100%
The FEteacher(s) maintained the required FEinventory and materials	Yes	100%
The PEteacher(s) used instructional technology (i.e. projector, laptop, other) in a lesson at least once per week	Yes	96%
At the beginning of each grading period, parents were informed of units to be taught and assessed, including Fitness Graminformation.	Yes	83%
Cher (please specify): Courtney Perry, the Barton Hills Elementary PE teacher, was awarded 2017 TAHPERD Elementary Physical Education Teacher of the Year; 82% of 1st graders met the Student Learning Objective (Jump Rope Skills); PE includes special guests, such as City of Aust	Yes	47%
CSH Planning		
*The principal established a CS-Iteam	Yes	99%
The principal identified a C3H dhair.	Yes	99%
The CSH team included teacher representatives from each grade level.	Yes	73%
The CSH team included at least one administrator.	Yes	93%
The CSH team included at least two students.	Yes	67%
The CSH team included the cafeteria manager.	Yes	75%
Campus leadership identified funds to purchase and maintain CSH equipment for the dasarcom teachers to use during WOV time.	Yes	93%
The campus leadership established a Student Wellness Team (SVT).	Yes	90%
Oher (please specify): The dynamic Barton Hills Elementary CSH team recruits new members yearly, including the school health team and loads of community members. Parent engagement is at an all-time high. Our events are truly coordinated and become more sustainable each year, a	Yes	38%
Howmany times did the C9-Heammest this year?	4 or more times	(See Figure 1)

C3HImplementation	Barton Hills Response	%Yesat All Elementary Schools
* Campus students and staff participated in the Health and FEDepartment's district-wide activity for CSHKidk-Off Week in September.	Yes	100%
* CSH chair forwarded the CATCH Coordination Kit Newsletter and other CSH information to staff.	Yes	99%
* Campus staff implemented the CATCH Coordination Kit themes each grading period.	Yes	99%
Campus students and staff participated in Red Ribbon Week in November.	Nb	94%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	86%
Campus staff hosted at least one CATCH Family Fun Fitness Night.	Yes	100%
The PEDepartment Chair or the CSH teamprovided information or training for all descroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
The Student Wellness Teamwas given opportunities to advocate for nutrition and physical activity to their peers. Other (please specify): Barton HIIIs Elementary CSH im	Yes	88%

Barton Hills Response %Yesat All Elementary Schools

Nutrition

^{*} Healthy options were available when food/ beverages were provided to teachers/ staff during meetings (i.e.

	Barton Hills	%YesatAll
Brain Breaks	Response	Elementary Schools
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNbodle resources.	Yes	91%
At least 1 brain break goal was identified in the Campus Improvement Plan.	Yes	78%
Brain break activities were provided at faculty meetings throughout the school year.	Nb	86%
Oher (please specify): BHE classrooms provided over 150K minutes of GoNoodle; as well as active field trips to the Barton Creek Greenbelt, Umlauf Sculpture Gardens, Zilker Park and more.	Yes	38%
Approximately what percentage of dasaroom teachers are registered and using Go Nocolle activities at least one time every day?	50%	(See Figure 3)

Figure 3
At 21% of campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Barton Hills	%YesatAll
Other Physical Activity Opportunities	Response	Elementary Schools
The campus provided before-school physical activity opportunities (i.e. running dub, open gym, or Go Nocolle).	Yes	60%
The campus provided after-school physical activity opportunities (i.e. running dub or open gym).	Yes	95%
The campus participated in the AISD5th Grade Volleyball Playday.	Yes	53%
The campus participated in the AHTR Cross Country Run.	Yes	31%
Other (please specify): This year Barton Hills Elementary launched our new and improved before/after school fitness program called EagleFIT! and are proud to be the recipient of Texas's Department of State Health Services Award for Excellence in Texas School Health â€" Reachin		59%
School Health Environment Campus staff posted nutrition information in the school hallways and cafeteria throughout the school	Yes	99%
year. Compared of posted placing activity information in the artest ballua others also at the artest variety.	Yes	95%
Campus staff posted physical activity information in the school hallways throughout the school year.		93%
Campus staff sent nutrition and physical activity information to parents	Yes Yes	93% 73%
Campus staff posted nutrition and physical activity information on the campus website. Other (please specify): Barton Hills Elementary has promoted several local running/walking events, including the Cap10K and the Marathon Kids	Yes	48%

Barton Hills

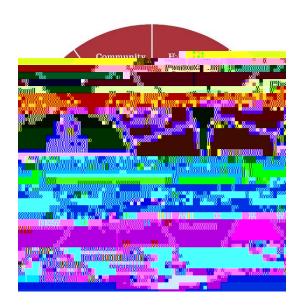
Parent and Community Participation

FITNESSGRAM RESULTS

CHANGE IN HEALTHY FITNESS ZONE (HFZ) FROM PRIOR TO CURRENT YEAR (PERCENTAGE OF CAMPUSES REPORTING IN EACH CATEGORY)

Barton Hills Bementary			Average		
Fitness Area Tested	2017 Final	2018 Diagnostic	2018 Final	Change* from 2017 Final to 2018 Final	Bementary 2018 Final
BMI	70%	72%	73%	Increased	57%
Aerobic Capacity	70%	59%	68%	Decreased	71%
Curl-Ups	66%	67%	74%	Increased	75%
Push-Ups	78 %	72%	73%	Decreased	66%
St and Reach	63%	70%	65%	Incressed	69%
Trunk Lift	83%	86%	85%	Increesed	78%

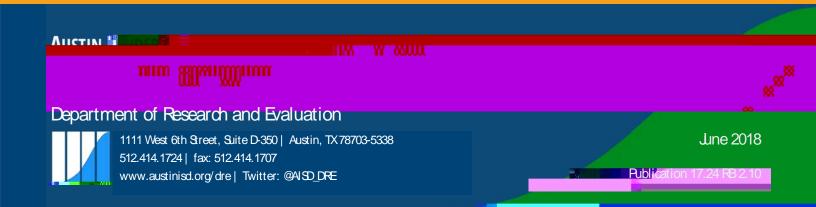
Source, 2017-2018 Coordinated School Health data collection.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

Herein, I hope we have sufficiently represented the vast and impressive work that Barton Hills Elementary does to support CSH and Whole Child. One more thing we would like to highlight is our ongoing collaboration with the AISD Social Emotional Learning Department. SEL is a thriving enterprise at BHE, and the CSH team showcases the importance of social and emotional health at our annual Health & Wellness Fair. In the video I linked under the Coordinated School Health (CSH) Implementation section, you will see a shot of the SEL portion of our event: Mandalas and the Brain and Breathing Sticks. I am very proud of this collaboration and this TRULY COORDINATED SCHOOL HEALTH event.

https://www.dropbox.com/s/0rqtyah3jge4c6i/Health %20and%20Wellness%202018.mov?dl=0



^{*} Campuses provided change information – it was not calculated from the scores.