



# BARTON HILLS ELEMENTARY

## 2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Kati Achtermann  
Physical education teacher: Courtney Perry  
CSH team member: Jennifer Pollard

### Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Barton Hills Elementary School received a rating of **Exemplary** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).


The rating scale<sup>6</sup> was based on identified activities that support coordinated school health efforts. There were 19 required and 77 supplemental opportunities for elementary campuses to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Barton Hills Elementary School completed 19 required and 70 supplemental items during the 2017–2018 school year.

One component of the supplemental credit earned was for yearly Fitnessgram improvement. The Fitnessgram measure includes a variety of health-related physical fitness tests that assess aerobic capacity, muscular strength and endurance, flexibility, and body composition. Scores from these tests are compared with healthy fitness zone (HFZ) standards to determine students’ overall physical fitness.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

## Coordinated School Health Item Implementation Inventory

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Courtney Perry, the Barton Hills Elementary PE teacher, was awarded 2017 TAHPERD Elementary Physical Education Teacher of the Year; 82% of 1st graders met the Student Learning Objective (Jump Rope Skills); PE includes: special guests, such as City of Aust

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The dynamic Barton Hills Elementary CSH team recruits new members yearly, including the school health team and loads of community members. Parent engagement is at an all-time high. Our events are truly coordinated and become more sustainable each year, a

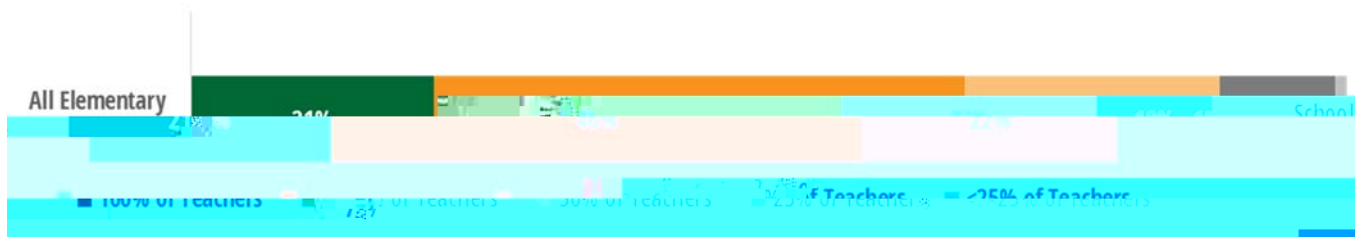
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Barton Hills Elementary CSH im



BHE classrooms provided over 150K minutes of GoNoodle; as well as active field trips to the Barton Creek Greenbelt, Umlauf Sculpture Gardens, Zilker Park and more.

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This year Barton Hills Elementary launched our new and improved before/after school fitness program called EagleFIT! and are proud to be the recipient of Texas’s Department of State Health Services Award for Excellence in Texas School Health ‘Reachin

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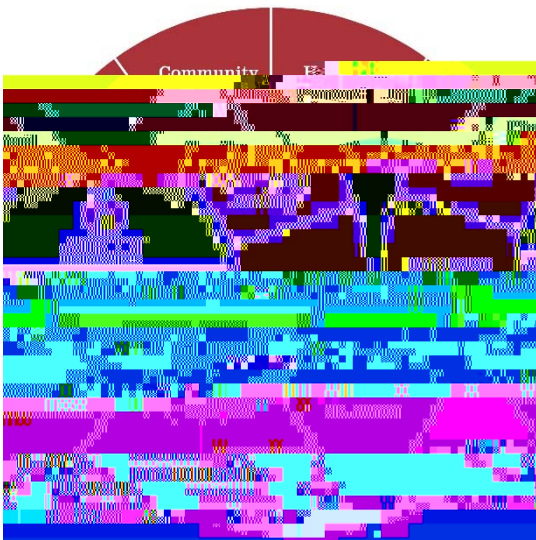
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Barton Hills Elementary has promoted several local running/walking events, including the Cap10K and the Marathon Kids Daisy 5K. We also host and promote a Fall and Spring Ultimate Frisbee league for 3rd-6th graders. Finally, and oh-so-important, the Bart

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## FITNESSGRAM RESULTS

Herein, I hope we have sufficiently represented the vast and impressive work that Barton Hills Elementary does to support CSH and Whole Child. One more thing we would like to highlight is our ongoing collaboration with the AISD Social Emotional Learning Department. SEL is a thriving enterprise at BHE, and the CSH team showcases the importance of social and emotional health at our annual Health & Wellness Fair. In the video I linked under the Coordinated School Health (CSH) Implementation section, you will see a shot of the SEL portion of our event: Mandalas and the Brain and Breathing Sticks. I am very proud of this collaboration and this TRULY COORDINATED SCHOOL HEALTH event.

<https://www.dropbox.com/s/0rqtyah3jge4c6i/Health%20and%20Wellness%202018.mov?dl=0>

